

Optimist Boys and Girls Club

Group 8

Population Served

- Lubbock's youth (6-18)
- Largely Hispanic/Latinx and African American population
- 50% of the youth served lack parent involvement
- Youth living in areas of high crime rates

Services Provided

- Academic support/mentorship
- Leadership/teamwork skills
- Smart Girls/Passport to Manhood
- Sports/nutrition/meals

Clients' Health Needs

- Social/emotional
 - Interpersonal skills; job prep
 - Leadership/self esteem
- Academic
 - Literacy levels
- Physical
 - Staying active
 - Nutritional skills
- COVID

Advice for Physicians

- Understanding financial burdens: most lack health insurance
- Healthcare support goes beyond the clinical setting
- Understand the education level of these youth: most aren't at their age's reading level
- Recognizing of social issues

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Together we're making a difference



97%

of Club teens expect to graduate from high school



74%

of Club youth volunteer in their community at least once a year



91%

of members who attend Clubs regularly say they can stand up for what is right, even if their friends disagree.

Group Members:

- 1 Rachel Johnson
- 2 Michelle Onuoha
- 3 Denizhan Kara
- 4 Brianna Wolkober
- 5 Ryan Post
- 6 Angela Ballesteros
- 7 Mallory Seemann
- 8 Jaxon Baum
- 9 Kevin Dural
- 10 Zoe Davis