

# Family Counseling Services

Group 9



## Population Served

- Patients struggling with mental illness, substance abuse, marital issues, etc.
- Low-income individuals
- ~1200 clients annually

## Services Provided

- In-person and telehealth counseling
- One-on-one counseling
- Group therapy sessions

## Clients' Health Needs

- Unlimited sessions (managed care is typically 6 sessions)
- Typically 1 hour/week
- Telehealth for rural clients

## Organization Needs

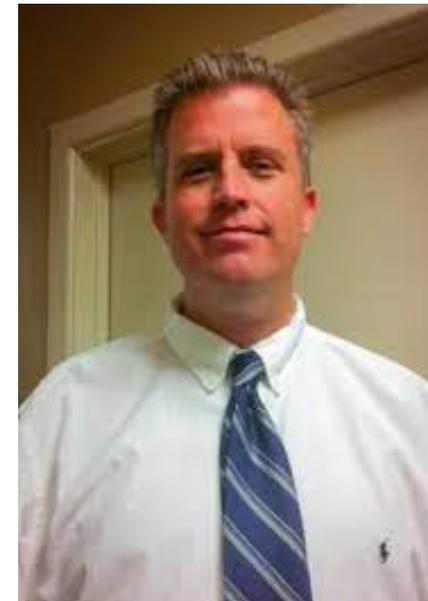
- Always in need of funding
- Volunteers – 95% of the 71 staff members are volunteers

## Advice for Physicians

- Donate an hour of time each month
- Pay attention during your psychiatry rotations
- Stay up to date on medications
- Combat the stigma on antidepressants
- Address mental health concerns immediately instead of scheduling separate appointments

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Group Members:  
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