

South Plains Food Bank

Group Number 9

➤ Population Served

- 20 Counties (including Lubbock); all ages
- 58,000 Food insecure individuals (that's 1 in 3!)
- Post COVID: 105,000 food insecure - serving 65,000

➤ Services Provided

- Food boxes
- SNAP Benefits
- Nutritional Education
- Multitude of food programs

➤ Clients' Health Needs

- Meeting necessary nutrition levels
- Hypertension
- Type II Diabetes

➤ Clients' Health Information Needs

- Awareness of the food pantry!
- Nutritional meal preparation
- Managing chronic illnesses

➤ Advice for Physicians

- Food is the best medicine; without it, patients will have a decreased ability to function
- Everyone should have access to food
- Recognize when a patient can benefit from these services and provide them with information
- Help patients with government assistance programs (WIC & SNAP)
- Volunteers are needed! (Especially during the holidays!)
- Partner with UMC to offer free blood pressure checks



Together we can
FEED THE FUTURE
ENDING HUNGER. GIVING HOPE. ENRICHING LIVES.

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- Group Members:
1. Valerie Yang
 2. Sulaiman Karim
 3. Allen Fellers
 4. Diego Rielo
 5. Yesenia Barrios
 6. Shivam Bhakta
 7. Hannah Jones
 8. Mariya Shkolnaya
 9. Addie Pederson
 10. Alex Demopoulos

