



TEXAS TECH UNIVERSITY
HEALTH SCIENCES CENTER

***Counseling is available for
a variety of issues:***

- Family and Relationship Problems
- Excessive Stress
- Anxiety
- Alcohol or Drug Abuse
- Depression
- Healing from Trauma
- Other Problems

Additional resources for all TTUHSC students:



TTUHSC Program of Assistance for Students

Counseling for Students

806-743-1327 | 1-800-327-0328

ttuhsc.edu/counseling

counselingcenter@ttuhsc.edu



The Counseling Center at TTUHSC

The Program of Assistance for Students (PAS) is a resource to promote health and wellness in your personal and academic life. Counseling is free and confidential. You have eight sessions available to you per academic year (September-August). PAS counselors are licensed and have the knowledge and experience to assist you. In-person and telehealth (Zoom) counseling is available. Counseling for Lubbock students is through The Counseling Center (1A300). Active students in other locations can visit our website to find a local PAS provider. Distance learners can access telehealth counseling by calling 806.743.1327.