



TEXAS TECH UNIVERSITY HEALTH SCIENCES CENTER™

Counseling Center

The TTUHSC Program of Assistance for Students (PAS) is a resource to promote health and wellness in your personal and academic life. Here are some important things for you to know:

- Counseling is **confidential**; state laws protect clients' confidentiality.
- Counseling is **free**; you have 8 counseling sessions available to you. Referrals are given for long-term counseling.
- Counselors are licensed by the State of Texas and have the knowledge and experience to assist you.
- Phone numbers serve as a 24-hour crisis line.
- Counseling provided to Lubbock students at The Counseling Center @TTUHSC (1A300). Students in other locations should access our website for the provider in their area.

The Counseling Center @TTUHSC

For an Appointment Call:

806.743.1327

Confidential and Free

WWW.TTUHSC.EDU/COUNSELING

THE COUNSELING CENTER @ TTUHSC

Services available for any of the following concerns:

- Family and relationship problems
- Depression
- Excessive stress
- Anxiety
- Substance abuse
- Other problems

If you are a distance or online student please The Counseling Center @TTUHSC for information on satellite locations or tele-visits.

Additional resources for all TTUHSC students:



TAO

Therapy Assistance Online



<https://us.taoconnect.org/register>

Texas Tech University Health Sciences Center

3601 4th Street STOP 8119

Lubbock, TX 79430-8119

Room 1A300 (first floor, east wing)

806.743.1327 or 1.800.327.0328

counselingcenter@ttuhsc.edu