



TEXAS TECH UNIVERSITY HEALTH SCIENCES CENTER.
**CAMPUS ALLIANCE FOR
TELEHEALTH RESOURCES**
Supported by TCHAT

Trauma-Focused Cognitive Behavioral Therapy Providers

Name of Resource	Phone Number	Location	Payment
Kirby Wood	(806) 305-2012	Lubbock, TX	In the insurance credentialing process
Kim Ruthardt/ Covenant Counseling Center	(806) 725-5443	Lubbock, TX	Sliding Scale fee (ranges from \$5-\$40)
Deanna Dawson	(806) 318-8448	Lubbock, TX	Accepts Superior & Amerigroup Medicaid, BCBS
TTU Psychology Department	(806) 742-3737	Lubbock, TX	Sliding scale fee based on income
Chris Straface	(806) 891-8995	Lubbock, TX & Levelland, TX	Accepts Amerigroup & First Care Medicaid, BCBS, Aetna, First Care Commercial
Krista Torres	(806) 412-7043	Lubbock, TX	Accepts TMHP, Superior, Amerigroup & First Care Medicaid, Team Choice, Tricare, BCBS
Nigel Torres	(806) 412-7043	Lubbock, TX	Accepts TMHP, Superior, Amerigroup & First Care Medicaid, Team Choice, Tricare, BCBS
Shana Dallas	(806) 241-8773	Lubbock, TX	Accepts TMHP, Superior, Amerigroup & First Care Medicaid, Team Choice, Tricare, BCBS
Nicole Black	(806) 412-7043	Lubbock, TX	Accepts TMHP, Superior, Amerigroup & First Care Medicaid, Team Choice, Tricare, BCBS
Erin Evanson-Lass	(806) 429-8088	Plainview, TX & Lockney, TX	Accepts Amerigroup, Superior & First care Medicaid & BCSC & Tricare & Cigna & United Health Care, First Care Commercial
Bethany Luna	(806) 778-1982	Lubbock, TX	United Optum
Patricia Clemmons	(806) 790-8534	Lubbock, TX	Accepts Superior, Amerigroup & First Care Medicaid, BCBS
Angela Lee	(806) 239-3609	Teletherapy only	Accepts Superior & TMHP Medicaid, BCBS, United Health care,
Kristi Hosek/Journey's Counseling	(806) 687-5413	Lubbock, TX	Accepts BCBS, First care, Amerigroup, Superior & First Care Medicaid, Team Choice, UHC

*Several of these offer teletherapy options. Please call to inquire.