CATR ECHO Archive & Schedule 2020
School Behavioral Health

Videos and presentation materials may not be available for all CATR ECHO sessions. Please contact CATRECHO@ttuhsc.edu for specific requests.

March 12, 2020

CATR ECHO: Vaping Prevention
Didactic Presentation
Resources: ECig Parent Tip Sheet

April 7, 2020

CATR ECHO: Distance Intervention and Resourcing
Didactic Presentation
Resources: Telehealth Tips – Suicide during COVID-19, Texas HHS COVID-19 MH Support Line ENG, Texas HHS COVID-19 MH Support Line SPA, 2020 COVID-19 Time Capsule, MY3 App
Session Video

April 21, 2020

CATR ECHO: Distance Intervention and Coping Skills
Didactic Presentation
Resources: TEA COVID-19 MH Support List, Therapist AID Worksheets for Coping Skills, The Science of Wellbeing Coursera Course
Session Video

April 30, 2020

CATR ECHO: Integrating the Texas Model for Comprehensive School Counseling
Didactic Presentation
Resources: Texas Model for Comprehensive School Counseling Programs, Kids Tech for MH, TEA Resources During School Closures
Session Video

These resources are intended for educational and outreach purposes and should not be a replacement for therapy. Please adhere to your organizations policies, procedures, and protocols.

June 11, 2020

CATR ECHO: Boundaries and Ethics in a Work from Home Environment
Didactic Presentation
Session Video

August 13, 2020

CATR ECHO: Organized Chaos
Didactic Presentation
Session Video

August 27, 2020

CATR ECHO: Adolescent Anger
Didactic Presentation
Resources:
The Upside of Anger, Teen Anger Management, StopBullying Resources
Session Video

September 8, 2020

CATR ECHO: Difficult Conversations
Didactic Presentation
Session Video

September 17, 2020

CATR ECHO: Autism Spectrum and Developmental Disorders
Didactic Presentation
Resources:
Resource Notes 9.17.2020, Project TEDD – Dual Diagnosis Training Program
Session Video

September 24, 2020

CATR ECHO: Trauma-Informed Schools
Didactic Presentation
Resources:
Child Trauma Toolkit for Educators, Child Mind Institute, TEA Approved Grief and Trauma Practices, National Child Traumatic Stress Network for School Personnel
Session Video

October 6, 2020

CATR ECHO: Commonly Used Substances
Didactic Presentation
Resources:
School Counselor's Role with Students At-Risk for Substance Use – ACA, Common Drugs and Withdrawal Symptoms, Commonly Used Drugs Chart
Session Video

October 15, 2020

These resources are intended for educational and outreach purposes and should not be a replacement for therapy. Please adhere to your organizations policies, procedures, and protocols.

CATR ECHO: Response to Traumatic Events
Didactic Presentation
Resources:
National Education Association – Trauma, Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)
Session Video

October 22, 2020

CATR ECHO: Mass Gun Violence Prevention
Didactic Presentation
Resources:
Threat Assessment for School Administrators and Crisis Teams – National Association of School Psychologists, Project Restore – TEA Approved Trauma Training Series, Texas School Safety Center
Session Video

November 12, 2020

CATR ECHO: Introduction to CATR ECHO
Didactic Presentation
Resources:
Campus Alliance for Telehealth Resources
Session Video

November 12, 2020

CATR ECHO: Coping Strategies
Didactic Presentation
Session Video

November 18, 2020

CATR ECHO: Introduction to CATR ECHO
Didactic Presentation
Session Video

November 19, 2020

CATR ECHO: Using the Good Behavior Game to Increase Teachers' Implementation of the Good Behavior Game
Didactic Presentation
Resources:
Good Behavior Game Transitions Training Manual
Session Video

December 3, 2020

CATR ECHO: Motivational Interviewing
Didactic Presentation
Session Video

December 8, 2020

CATR ECHO: Cultural Competence - Microaggressions
Didactic Presentation
Resources:
Youth Empowerment Services Waiver (YES Waiver)
Session Video

December 10, 2020

CATR ECHO: Cultural Responsiveness – Implicit Bias
Didactic Presentation
Resources:
Implicit Association Test
Session Video

December 15, 2020

CATR ECHO: General Anxiety Disorder and Panic Disorder
Didactic Presentation
Resources:
General Anxiety Resource – Grounding, Apps for Coping Skills
Session Video