



TEXAS TECH UNIVERSITY
HEALTH SCIENCES CENTER™
Office of People and Values

TTUHSC Leadership Development Program

2024 LEADERSHIP FOUNDATIONS

Program Overview: This 6-session foundational program is designed to introduce leadership theories and models to all team members who have been with TTUHSC for at least 6 months.

Program Structure: Cohort-based / 1 hr. eLearning and 2 hr. sessions via Zoom live session. There will be a limit of 25 people per cohort.

Registration: Applications will be accepted in November (Jan-Mar and Apr-June cohorts) and May (July-Sept and Oct-Dec cohorts) of each calendar year. More information on the registration process can be found on the [Office of People and Values](#) website.

Program Dates:

Winter Cohort: LF2024 – 1

January 11	9:00 – 11:00 am	Session 1: Principles of Leadership
January 25	9:00 – 11:00 am	Session 2: Emotional Intelligence
February 8	9:00 – 11:00 am	Session 3: Leadership Communication
February 22	9:00 – 11:00 am	Session 4: Transforming Conflict into Collaboration
March 7	9:00 – 11:00 am	Session 5: Feedback Essentials
March 21	9:00 – 11:00 am	Session 6: Building Your Leadership Presence

Spring Cohort: LF2024 – 2

April 11	9:00 – 11:00 am	Session 1: Principles of Leadership
April 25	9:00 – 11:00 am	Session 2: Emotional Intelligence
May 9	9:00 – 11:00 am	Session 3: Leadership Communication
May 23	9:00 – 11:00 am	Session 4: Transforming Conflict into Collaboration
June 6	9:00 – 11:00 am	Session 5: Feedback Essentials
June 20	9:00 – 11:00 am	Session 6: Building Your Leadership Presence



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Leadership Foundations Course Descriptions

1. Principles of Leadership – In this session, we will examine the qualities and roles of a leader, discuss leadership principles and some of the challenge's leaders may face.
2. Emotional Intelligence – This session will introduce the core concepts of emotional intelligence, how to strengthen those skills, and the role they play in our day-to-day interactions.
3. Leader Communication – This session will focus on effective workplace communication and social interactions with others who may have a different communication style than others.
4. Transforming Conflict into Collaboration – In this session, we will discover why conflict happens, common ways people react to conflict, and how to turn workplace disagreements into opportunities for constructive dialogue, change and new understanding.
5. Feedback Essentials – In this session, we will learn what feedback is, why it's valuable, and how to overcome the fear of giving it. We'll also learn to follow a step-by-step feedback process, deliver an effective message, and handle difficult reactions.
6. Building Your Leadership Presence – This session explores influence and presence and how both contribute to how you are viewed as a leader. Your influence can be recognized and included no matter your role in the organization.

