



TEXAS TECH UNIVERSITY  
HEALTH SCIENCES CENTER™  
*Office of People and Values*

## TTUHSC Leadership Development Program

### 2025 LEADERSHIP FOUNDATIONS

**Program Overview:** This 6-session foundational program is designed to introduce leadership theories and models to all team members who have been with TTUHSC for at least 6 months.

**Program Structure:** Cohort-based / 1 hr. eLearning and 2 hr. sessions via Zoom live session. There will be a limit of 25 people per cohort.

**Registration:** Applications are being accepted for winter, spring, summer and fall. More information on the registration process can be found on the [Office of People and Values](#) website.

#### Program Dates:

##### Cohort: LF2025 – 1

January 9	9:00 – 11:00 am	Session 1: Principles of Leadership
January 16	9:00 – 11:00 am	Session 2: Team Dynamics
January 23	9:00 – 11:00 am	Session 3: Leadership Communication
January 30	9:00 – 11:00 am	Session 4: Transforming Conflict into Collaboration
February 6	9:00 – 11:00 am	Session 5: Feedback Essentials
February 13	9:00 – 11:00 am	Session 6: Building Your Leadership Presence

##### Cohort: LF2025 – 2

February 27	9:00 – 11:00 am	Session 1: Principles of Leadership
March 6	9:00 – 11:00 am	Session 2: Team Dynamics
March 13	9:00 – 11:00 am	Session 3: Leadership Communication
March 20	9:00 – 11:00 am	Session 4: Transforming Conflict into Collaboration
March 27	9:00 – 11:00 am	Session 5: Feedback Essentials
April 3	9:00 – 11:00 am	Session 6: Building Your Leadership Presence

**Cohort: LF2025 – 3**

May 15	9:00 – 11:00 am	Session 1: Principles of Leadership
May 22	9:00 – 11:00 am	Session 2: Team Dynamics
May 29	9:00 – 11:00 am	Session 3: Leadership Communication
June 5	9:00 – 11:00 am	Session 4: Transforming Conflict into Collaboration
June 12	9:00 – 11:00 am	Session 5: Feedback Essentials
June 19	9:00 – 11:00 am	Session 6: Building Your Leadership Presence

**Cohort: LF2025 – 4**

July 10	9:00 – 11:00 am	Session 1: Principles of Leadership
July 17	9:00 – 11:00 am	Session 2: Team Dynamics
July 24	9:00 – 11:00 am	Session 3: Leadership Communication
July 31	9:00 – 11:00 am	Session 4: Transforming Conflict into Collaboration
August 7	9:00 – 11:00 am	Session 5: Feedback Essentials
August 14	9:00 – 11:00 am	Session 6: Building Your Leadership Presence

**Cohort: LF2025 – 5**

August 28	9:00 – 11:00 am	Session 1: Principles of Leadership
September 11	9:00 – 11:00 am	Session 2: Team Dynamics
September 18	9:00 – 11:00 am	Session 3: Leadership Communication
September 25	9:00 – 11:00 am	Session 4: Transforming Conflict into Collaboration
October 2	9:00 – 11:00 am	Session 5: Feedback Essentials
October 9	9:00 – 11:00 am	Session 6: Building Your Leadership Presence

## **Leadership Foundations Course Descriptions**

1. Principles of Leadership – In this session, we will examine the qualities and roles of a leader, discuss leadership principles and some of the challenge's leaders may face.
2. Team Dynamics – This session will identify three elements' leaders must pay attention to that are important to team dynamics; trust, communication and collaboration. In addition, the five stages of team building will be outlined: Forming – Storming – Norming – Performing – Adjourning.

3. Leader Communication – This session will focus on effective workplace communication and social interactions with others who may have a different communication style than others.

4. Transforming Conflict into Collaboration – In this session, we will discover why conflict happens, common ways people react to conflict, and how to turn workplace disagreements into opportunities for constructive dialogue, change and new understanding.

5. Feedback Essentials – In this session, we will learn what feedback is, why it's valuable, and how to overcome the fear of giving it. We'll also learn to follow a step-by-step feedback process, deliver an effective message, and handle difficult reactions.

6. Building Your Leadership Presence – This session explores influence and presence and how both contribute to how you are viewed as a leader. Your influence can be recognized and included no matter your role in the organization.

