



TEXAS TECH UNIVERSITY
 HEALTH SCIENCES CENTER
 Office of People and Values

TTUHSC Development Program

2023 LEADERSHIP FOUNDATIONS

Program Overview: This 6-session foundational program is designed to introduce leadership theories and models to all team members who have been with TTUHSC for at least 6 months.

Program Structure: Cohort-based / 1 hr. eLearning and 1.5 hr. sessions via Zoom live session. There will be a limit of 25 people per cohort.

Program Dates:

Summer Cohort: LF2023 – 1

June 1	9:00 – 10:30 am	Session 1: Principles of Leadership
June 15	9:00 – 10:30 am	Session 2: Emotional Intelligence
June 29	9:00 – 10:30 am	Session 3: Leadership Communication
July 13	9:00 – 10:30 am	Session 4: Transforming Conflict into Collaboration
July 27	9:00 – 10:30 am	Session 5: Feedback Essentials
August 10	9:00 – 10:30 am	Session 6: Building Your Leadership Presence

Fall Cohort: LF2023 – 2

August 30	9:00 – 10:30 am	Session 1: Principles of Leadership
September 13	9:00 – 10:30 am	Session 2: Emotional Intelligence
October 4	9:00 – 10:30 am	Session 3: Leadership Communication
October 18	9:00 – 10:30 am	Session 4: Transforming Conflict into Collaboration
November 1	9:00 – 10:30 am	Session 5: Feedback Essentials
November 15	9:00 – 10:30 am	Session 6: Building Your Leadership Presence

Course Descriptions

1. Principles of Leadership – In this session, we will examine the qualities and roles of a leader, discuss leadership principles and some of the challenge’s leaders may face.
2. Emotional Intelligence – This session will introduce the core concepts of emotional intelligence, how to strengthen those skills, and the role they play in our day-to-day interactions.
3. Leader Communication – This session will focus on effective workplace communication and social interactions with others who may have a different communication style than others.



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4. Transforming Conflict into Collaboration – In this session, we will discover why conflict happens, common ways people react to conflict, and how to turn workplace disagreements into opportunities for constructive dialogue, change and new understanding.

5. Feedback Essentials – In this session, we will learn what feedback is, why it's valuable, and how to overcome the fear of giving it. We'll also learn to follow a step-by-step feedback process, deliver an effective message, and handle difficult reactions.

6. Building Your Leadership Presence – This session explores influence and presence and how both contribute to how you are viewed as a leader. Your influence can be recognized and included no matter your role in the organization.

