



School of Pharmacy Practice-Based Research Network Survey Appendix of Definitions:

The following definitions will be used for the purpose of this study:

- **Medication Management and/or Patient Self-management (MM/PSM):** The systematic provision of interventions to increase patient self-efficacy and commitment to the management of health problems. This includes interventions that increase pharmacist engagement in regular assessment of patient problems and progress, as well as pharmacist provision of goal-setting and problem-solving support.
(*Institute of Medicine. Priority areas for national action: transforming health care quality. Washington, DC: National Academies Press; 2003.*)
- **Medication Therapy Management (MTM):** Medication Therapy Management, as defined by a profession wide consensus in 2005, is a distinct service or group of services that optimize therapeutic outcomes for individual patients. MTM services are independent of, but can occur in conjunction with, the provision of a medication product. Strictly speaking, MTM delivered under the Medicare Part D prescription drug benefit does not require a formal collaborative practice agreement between a pharmacist and a prescriber. MTM can be provided in any setting where a patient receives medications and often coincides with the dispensing of a medication.
(*Bluml BM. Definition of medication therapy management: development of profession wide consensus. J Am Pharm Assoc. 2005;45:566-72.;*
<https://www.accp.com/docs/positions/whitePapers/CDTM%20CMM%202015%20Final.pdf>)
- **Comprehensive Medication Management (CMM):** CMM ensures that individual patients are assessed to determine whether the patient's medications are appropriate, effective, and safe. CMM involves the development of a patient-centered care plan that the patient understands and with which the patient agrees and in which he or she actively participates. Another essential element of CMM incorporates a clinically appropriate follow-up evaluation to assess the patient's progress toward treatment goals. Finally, CMM requires collaboration among members of the health care team, an element not necessarily included in MTM.
(<https://www.accp.com/docs/positions/whitePapers/CDTM%20CMM%202015%20Final.pdf>)
- **Transitions of Care (ToC):** The movement of patients between health care practitioners, settings, and home as their condition and care needs change.
(https://www.cms.gov/regulations-and-guidance/legislation/ehrincentiveprograms/downloads/8_transition_of_care_summary.pdf)
- **Pharmacists participating on the Care Team:** A model where a pharmacist is integrated within the patient-centered medical home and works with patients to provide intensive counseling on their medications on an ongoing basis, provides a comprehensive review of lab results and medications, both prescription and over-the-counter, works to minimize side effects and drug interactions, optimize therapy,



improve adherence, provide low-cost alternative regimens, and improve communication with the patient's provider about their treatment.

(<https://www.accp.com/docs/bookstore/psap/p7b08.sample02.pdf>)

- **Dispensing:** The process of preparing and giving medicine to a named person on the basis of a prescription. It involves the correct interpretation of the wishes of the prescriber and the accurate preparation and labeling of medicine for use by the patient. (<https://msh.org/wp-content/uploads/2013/04/mds3-ch30-dispensing-mar2012.pdf>)]
- **Collaborative Practice Protocol/Agreement:** A formal agreement in which a licensed provider makes a diagnosis, supervises patient care, and refers patients to a pharmacist under a protocol that allows the pharmacist to perform specific patient care functions.
(https://www.cdc.gov/high-blood-pressure/media/pdfs/2024/04/Translational_Tools_Pharmacists.pdf)
- **Current Procedural Terminology (CPT):** The most widely accepted medical nomenclature used to report medical procedures and services under public and private health insurance programs and is maintained and distributed by the American Medical Association. (<https://www.ama-assn.org/practice-management/cpt/cpt-overview-and-code-approval>)