

# COVID EXPOSURE PROTOCOL

## WHAT TO EXPECT WHEN TESTING POSITIVE FOR AND/OR EXPOSED TO COVID-19



TTUHSC's response protocol for COVID-19 follows the guidance of federal, state and local health officials. As team members (faculty, staff and residents) and students identify concerns of showing symptoms, having close contact exposure or testing positive for COVID-19, prompt action will be taken. This includes contact tracing, notification, disinfection and self-isolation.

## WHEN TO REPORT

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Team members and students who

- Are exhibiting symptoms and/or have a temperature greater than 100 degrees Fahrenheit;
  - Have tested positive for COVID-19; or
  - Have had a close contact to a person known to have tested positive for COVID-19;
- are required to stay off campus, **and**:
1. Inform their supervisor or course instructor/program director; **and**
  2. Complete the online attestation form and follow additional guidance from the TTUHSC Office of Institutional Health before resuming on-campus activities. Institutional Health will advise on the appropriate follow up needed including but not limited to, the need for testing, self-isolation requirements, and/or advising to contact their health care provider.

If a team member or student becomes sick after having already arrived on campus for the day, they will need to leave work, class, or their clinical rotation as soon as possible, notifying their supervisor or course instructor/program director as may be applicable.

## **EXPOSURE RISK AND POSITIVE COVID-19 DIAGNOSIS**

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The Office of Institutional Health will implement appropriate campus restrictions based on exposure risk and whether a person has tested positive for COVID-19. Common exposure and COVID-19 positive scenarios are provided below:

### **TEAM MEMBER/STUDENT TESTED POSITIVE (REGARDLESS OF VACCINE STATUS)**

- Team Member/Student with symptoms who test positive for COVID-19 will be required to self-isolate off campus for 10 days from symptom onset. Will need to be cleared by the Office of Institutional Health to return to campus.
- Team Member/Student with no symptoms who test positive for COVID-19 will be required to self-isolate off campus for 10 days from positive test date. Will need to be cleared by the Office of Institutional Health to return to campus.

### **UNVACCINATED TEAM MEMBER/STUDENT WITH CLOSE CONTACT TO A PERSON WITH COVID-19, INCLUDING A FAMILY MEMBER/ROOMMATE**

- Team Member/Student who have had a close contact\* to a person known to have COVID-19, including a family member/roommate, will be required to quarantine off campus for 10 days after their last exposure to the individual who has tested positive for COVID-19. Upon return to campus, Team Member/Student is required to wear a facial covering in buildings on campus, unless they are in a private area, through the 14th day after their last exposure to the individual who has tested positive for COVID-19. Will need to be cleared by the Office of Institutional Health to return to campus.
- There may be circumstances in which quarantine time may be reduced, as directed by Institutional Health, depending on testing and prior COVID-19 diagnosis.

### **FULLY VACCINATED TEAM MEMBER/STUDENT WITH CLOSE CONTACT TO A PERSON WITH COVID-19, INCLUDING A FAMILY MEMBER/ROOMMATE**

- Team Member/Student who have had a close contact\* to a person known to have COVID-19, including a family member/roommate, are allowed to continue to be on campus so long as they have no symptoms. They will be required to wear a facial covering in buildings on campus, unless they are in a private area, for 14 days after their exposure. Additionally, it is recommended that they get tested 3-5 days after their exposure.

\*Close contact is determined by proximity and duration of exposure: If you were within approximately 6 feet of an individual known to be infected with COVID-19 for a cumulative total of 15 minutes or more over a 24-hour period starting from 2 days before the individual tested positive – such as while caring for, living with, visiting with, or sharing an office with them – without using recommended precautions such as facial coverings. In the event an exposure risk is too broad to determine whether close contact occurred with a degree of certainty, individuals who were potentially exposed to COVID-19 will be provided notice of the exposure and will be advised to wear facial coverings and monitor for symptoms for 14 days after the potential exposure.