



COST RICA

One Health Global Exchange Academy San Jose, Costa Rica

Partner Information

One Health Global Exchange Academy is a consortium of universities in Costa Rica dedicated to promoting educational exchange within the country. The primary contact is **Elizabeth Rodriguez**, the president of the consortium. Although originally from Costa Rica, she currently resides in the United States.

Program Goals

The program is designed to:

- Provide an overview of Costa Rica's three-tiered healthcare system.
- Enhance participants' Spanish language proficiency.

These goals will be achieved through a combination of clinical immersion experiences and structured Spanish language instruction.

Please note: While opportunities to observe specific clinical departments may arise, the primary focus of the program is to provide a broad overview of the healthcare system.

Program Dates

The program dates are flexible pending OHGEA's availability.

- Two-week or four-week options are available.
- Participants must plan to arrive and depart on a Saturday.

International Program Fee

- 2 weeks: ₡1,250,000 (Colones)
- 4 weeks: ₡1,620,800 (Colones)

The international program fee includes:

- Clinical immersion and Spanish language instruction
- Homestay with a Costa Rican family (includes private room, Wi-Fi, and laundry service)
- Most meals (weekend meals not included)
- Daily transportation to clinical and language instruction sites
- One weekend cultural activity (e.g., museum or city tour)

Not included:

- Airfare and related airline fees (e.g., baggage)
- Passport or visa-related expenses
- Weekend meals
- Personal expenses and spending money

A deposit equal to one-half of the total program cost is due upon submission of all required documentation to OHGEA. The remaining balance must be paid in full no later than five weeks prior to your arrival. Payment instructions will be provided by Ms. Rodriguez. Please note that a late fee will be assessed for any payments not received by the established deadlines.

OHGEA Paperwork Requirements

OHGEA requires additional documentation before confirming your participation. The next steps and required forms will be available after your application is received.

TTUHSC Predeparture Requirements

All participants must complete a set of predeparture requirements, which will be shared after your application is received.

Funding Information

Limited funding is available for students participating in TTUHSC-approved international programs. Additional details, including application deadlines and eligibility criteria, are available at the following link:
<https://www.ttuhschool.edu/global-health/funding.aspx>.

Additional Information

For additional information about the Costa Rica Spanish immersion international program, please contact the Office of Global Health at globalhealth@ttuhsc.edu.