

How to Enroll in Cigna Dental Coverage

The Cigna dental link under Quick Links on the school’s website directs students to the stand-alone dental options provided by AHP. You will see “Terry Lyons” followed by the AHP address at the top right of the screen. This ensures that the student is on the right link.

- The student will fill out their information and click Find the Plans at the bottom of the page.
 - PLEASE NOTE: Students need to uncheck Medical as this is only for dental coverage.**
 - The Coverage Start Date dropdown menu gives the student three different options for when they would like to start coverage; the following month on the 1st, and each month after that on the 1st, up to two months.
 - Example: If the student is enrolling on August 28, they can start coverage on September 1, October 1 or November 1.
 - Select No next to Currently Insured as this is only referring to whether the student is currently insured under a dental plan with Cigna.
 - Student will select No next to Is this a Child Only Quote.

WELCOME
QUICK LINKS | GO TO: MY SELECTIONS (0) | LOG IN



Cigna Health and Life Insurance Company |
 Cigna HealthCare of Arizona, Inc. |
 Cigna HealthCare of Illinois, Inc. |
 Cigna HealthCare of North Carolina, Inc. |
 Cigna HealthCare of Texas, Inc.

Your Agent: TERRY LYONS
 Writing Agent ID: 461348
 Address: 3500 WILLIAM D TATE AVE SUITE 200 | GRAPEVINE, TX 76051
 Phone: 855-247-2273

COVERAGE INFORMATION

For Individual and Family Health and Dental Insurance

* My Home Zip Code

* Coverage Start Date

First Name

Last Name

Phone

Email

Is this a Child Only Quote? Yes No

Currently Insured? Yes No

Please enter the information below for the individual(s) you wish to cover.

Individual	First Name	Last Name	Date of Birth	Gender	Product Selection
Primary	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text" value="Select"/>	<input checked="" type="checkbox"/> Dental [Clear]
Spouse	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text" value="Select"/>	<input checked="" type="checkbox"/> Dental [Clear]
Child 1	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text" value="Select"/>	<input checked="" type="checkbox"/> Dental [Clear]
Child 2	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text" value="Select"/>	<input checked="" type="checkbox"/> Dental [Clear]

+ Add Child

I understand a licensed insurance agent may contact me about my quote or application. I consent to receive phone calls and emails from Cigna, regarding their products and services, at the email address and phone number above, including my wireless number if provided. I understand calls may be generated using an automated technology.

Find The Plans

Cigna Customers - Start Here

Are you an existing Cigna customer looking for additional coverage? We can help you today. Just call us at 1.877.484.5967

Or if you are an existing customer looking for more information regarding your current plan, including your ID Card or Benefits, please visit www.myCigna.com

WHY CIGNA?

- ✓ 100% coverage for in-network preventive care
- ✓ Access to quality doctors and hospitals in your local area and across the country
- ✓ Online tools to compare cost and quality across doctors and facilities and more than 400 procedures

[+] Feedback

2. The student will choose a plan by clicking the box next to the plan name. Once a plan is checked, click Add Plans To My Selection.

WELCOME QUICK LINKS | GO TO: MY SELECTIONS (0) | LOGIN

Cigna Cigna Health and Life Insurance Company Cigna HealthCare of Arizona, Inc. Cigna HealthCare of Illinois, Inc. Cigna HealthCare of North Carolina, Inc. Cigna HealthCare of Texas, Inc. Your Agent: TERRY LYONS Writing Agent ID: 461346 Address: 3500 WILLIAM D TATE AVE SUITE 200 | GRAPEVINE, TX 76051 Phone: 855-247-2272

REVIEW PLANS SAVE MY QUOTE | EMAIL MY QUOTE | PRINT/PREVIEW MY QUOTE ADD PLANS TO MY SELECTION

Policy Disclosures, Exclusions & Limitations

MY QUOTE
 Jane Doe Female, 22, Non-tobacco user
 Coverage: Dental
 State / Zip Code: TX, 76051
 Requested Effective Date: 09/01/2017
 MODIFY MY QUOTE

TOTAL ESTIMATED MONTHLY PREMIUM
 Selected Plans:
 Dental:
 Estimated Monthly Premium:
 CALCULATE
 FIND A DOCTOR/DENTIST

COMPARE PLANS Includes in-network Preventive Care paid at 100%

Select Plans	Plan Name	Plan Details	Annual Deductible	Annual Maximum Benefit	Coinsurance	Monthly Premium
<input type="checkbox"/>	Cigna Dental 1500		\$50 Per Person / \$150 Per Family	\$1500 Per Person	Preventive: You pay \$0 Basic: You pay 20% of the provider's contracted fee (after deductible) Major: You pay 50% of the provider's contracted fee (after deductible) Orthodontia: You pay 50% of the provider's contracted fee (after separate lifetime deductible)	\$26.00
<input type="checkbox"/>	Cigna Dental 1000		\$50 Per Person / \$150 Per Family	\$1000 Per Person	Preventive: You pay \$0 Basic: You pay 20% of the provider's contracted fee (after deductible) Major: You pay 50% of the provider's contracted fee (after deductible) Orthodontia: You pay 100% of the provider's contracted fee ***	\$23.00
<input type="checkbox"/>	Cigna Dental Preventive		Not Applicable / Not Applicable	Not Applicable	Preventive: You pay \$0 Basic: You pay 100% of the provider's contracted fee *** Major: You pay 100% of the provider's contracted fee *** Orthodontia: You pay 100% of the provider's contracted fee ***	\$16.00

* You may be eligible to waive the waiting period if you have 12-months of continuous prior coverage from a valid dental insurance plan, not applicable to orthodontia.
 ** Waiting period for Orthodontia is not waived with prior coverage.
 *** In-network Dentists contracted with Cigna may pass along discounted contracted rates. Discounts are not available in Maryland, New York and Virginia.
 PLEASE NOTE: Some dental plans apply waiting periods to covered basic (6 months), major (12 months) and orthodontic (12 months) dental care services. In Illinois, New Jersey and Vermont, a 6 month waiting period applies to covered basic, major and orthodontic dental care services. In West Virginia, a 3 month waiting period applies to covered basic, major and orthodontic dental care services. Waiting periods do not apply in Missouri and Rhode Island. Frequency limits apply, please see SOB for details.

COMPARE PLANS ADD PLANS TO MY SELECTION

OUR DENTAL PLANS OFFER:

- National network of over 85,000 dentists¹
- 100% coverage for in-network cleanings, oral exams, and routine x-rays
- No application fee and no waiting period for cleanings and routine x-rays²

¹Size of Cigna Dental Care Network as of 4/8/2014
²Waiting periods for Basic and Major Restorative can be waived if you've had 12 months of continuous prior coverage. (excludes orthodontia benefits)

ONCE A CUSTOMER, WE CONTINUE TO SUPPORT YOU.

- 24/7 Health Information Line to speak to a specialist regarding your health care questions
- 24/7 Customer Service Line to discuss your benefits, claims, and more

[+] Feedback

3. The plan will now be added to the student's cart. Select Review Your Selection.

COMPARE PLANS ADD PLANS TO MY SELECTION

DENTAL (3 plans) Includes in-network Preventive Care paid at 100%

Select Plans	Plan Name	Plan Details	Annual Deductible	Annual Maximum Benefit	Coinsurance	Monthly Premium
<input checked="" type="checkbox"/>	Cigna Dental 1500		\$50 Per Person / \$150 Per Family	\$1500 Per Person	Preventive: You pay \$0 Basic: You pay 20% of the provider's contracted fee (after deductible) Major: You pay 50% of the provider's contracted fee (after deductible) Orthodontia: You pay 50% of the provider's contracted fee (after separate lifetime deductible)	\$26.00
<input type="checkbox"/>	Cigna Dental 1000		\$50 Per Person / \$150 Per Family	\$1000 Per Person	Preventive: You pay \$0 Basic: You pay 20% of the provider's contracted fee (after deductible) Major: You pay 50% of the provider's contracted fee (after deductible) Orthodontia: You pay 100% of the provider's contracted fee ***	\$23.00
<input type="checkbox"/>	Cigna Dental Preventive		Not Applicable / Not Applicable	Not Applicable	Preventive: You pay \$0 Basic: You pay 100% of the provider's contracted fee *** Major: You pay 100% of the provider's contracted fee *** Orthodontia: You pay 100% of the provider's contracted fee ***	\$16.00

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ONCE A CUSTOMER, WE CONTINUE TO SUPPORT YOU.

- 24/7 Health Information Line to speak to a specialist regarding your health care questions
- 24/7 Customer Service Line to discuss your benefits, claims, and more

close x

Cigna Dental 1500 has been added to your selection

CONTINUE SHOPPING

REVIEW YOUR SELECTION

4. Select “Apply Now” below the Estimated Monthly Total.

WELCOME QUICK LINKS | GO TO: MY SELECTIONS (1) | LOG IN

Cigna Health and Life Insurance Company | Cigna HealthCare of Arizona, Inc. | Cigna HealthCare of Illinois, Inc. | Cigna HealthCare of North Carolina, Inc. | Cigna HealthCare of Texas, Inc.

Your Agent: TERRY LYONS
Writing Agent ID: 461348
Address: 3500 WILLIAM D TATE AVE SUITE 200 | GRAPEVINE, TX 76051
Phone: 855-247-2273

MY SELECTION
Jane Doe
email: alex.giles@ahpcare.com | phone: 817-809-4778 (edit)

[MODIFY MY QUOTE](#) | [CHANGE PLANS](#)

Quote #	Product Type	Plan Name	Benefit Details	Individual	Coverage	Estimated Monthly Premium	Subtotal	
4106348	Dental	Cigna Dental 1500		Jane Doe (primary)	Covered	\$26.00	\$26.00	
				Jane Doe	<input checked="" type="checkbox"/>	\$26.00	\$26.00	
UPDATE SELECTION							Estimated Monthly Total:	\$26.00

[APPLY NOW](#)

Privacy Policy | Legal Disclaimers | Policy Disclosures, Exclusions & Limitations | Language Assistance

All Cigna products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation, including Cigna Health and Life Insurance Company, Cigna HealthCare of Arizona, Inc., Cigna HealthCare of Illinois, Inc., Cigna HealthCare of North Carolina, Inc., Cigna HealthCare of Texas, Inc. and Cigna Dental Health, Inc. The Cigna name, logo and other Cigna marks are owned by Cigna Intellectual Property, Inc.

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5. Student will then be prompted to Create An Account. Select “Register” to complete account creation.

WELCOME

Cigna

Cigna Health and Life Insurance Company | Cigna HealthCare of Arizona, Inc. | Cigna HealthCare of Illinois, Inc. | Cigna HealthCare of North Carolina, Inc.

CREATE AN ACCOUNT
Complete the fields below to create a unique User ID.

Contact Info

*First Name:
 *Last Name:
 *Date of Birth:
 By providing your email address, you agree to receive electronic communications about your application status and enrollment.
 *Email:
 At least one phone number is required.
 Home Phone Number:
 Work Phone Number:
 Cell Phone Number:
 *Address 1:
 Address 2:
 *City:
 *State:
 *Zip Code:

Log in information

*Create a User ID:
 *Create a Password:
 *Re-type Password:
 *Security Question 1:
 *Answer:
 *Security Question 2:
 *Answer:

Terms and Conditions

User Agreement Use of the Secured Site(https://secure.GetCigna.com) requires that you agree to the following terms and conditions by clicking "I agree" below. Definitions: Products and Services Provided by CIGNA Corporation Subsidiaries "CIGNA" is a registered service mark of CIGNA Intellectual Property, Inc., licensed for use by CIGNA Corporation and its subsidiaries. CIGNA Corporation is a holding company and is not an insurance or an operating company. Therefore, the Secured Site is provided exclusively by subsidiaries and not by

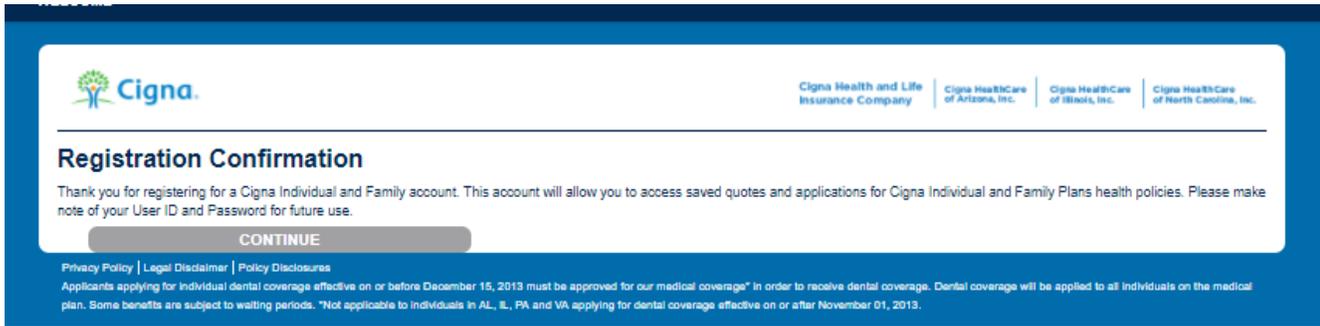
I agree to the terms and conditions

Already registered or have a myCigna account? [Login here.](#)
 Having trouble logging in? Call Cigna Customer Service at 1.855.221.0273

Create a password using at least 6, but no more than 12 characters.
 Be sure to use at least one letter and one number.
 You may also use the following symbols: underscore, exclamation point, period, ampersand and "@" sign.

6. Select Continue

- Student will receive a confirmation email



The screenshot shows the Cigna Registration Confirmation page. At the top left is the Cigna logo. To the right are four logos for Cigna subsidiaries: Cigna Health and Life Insurance Company, Cigna HealthCare of Arizona, Inc., Cigna HealthCare of Illinois, Inc., and Cigna HealthCare of North Carolina, Inc. Below the logos is the heading "Registration Confirmation" followed by a paragraph: "Thank you for registering for a Cigna Individual and Family account. This account will allow you to access saved quotes and applications for Cigna Individual and Family Plans health policies. Please make note of your User ID and Password for future use." Below this text is a grey button labeled "CONTINUE". At the bottom, there is a small text block containing links for "Privacy Policy | Legal Disclaimer | Policy Disclosures" and a disclaimer: "Applicants applying for individual dental coverage effective on or before December 15, 2013 must be approved for our medical coverage* in order to receive dental coverage. Dental coverage will be applied to all individuals on the medical plan. Some benefits are subject to waiting periods. *Not applicable to individuals in AL, IL, PA and VA applying for dental coverage effective on or after November 01, 2013."

Thank you for registering for a my.Cigna.com account.

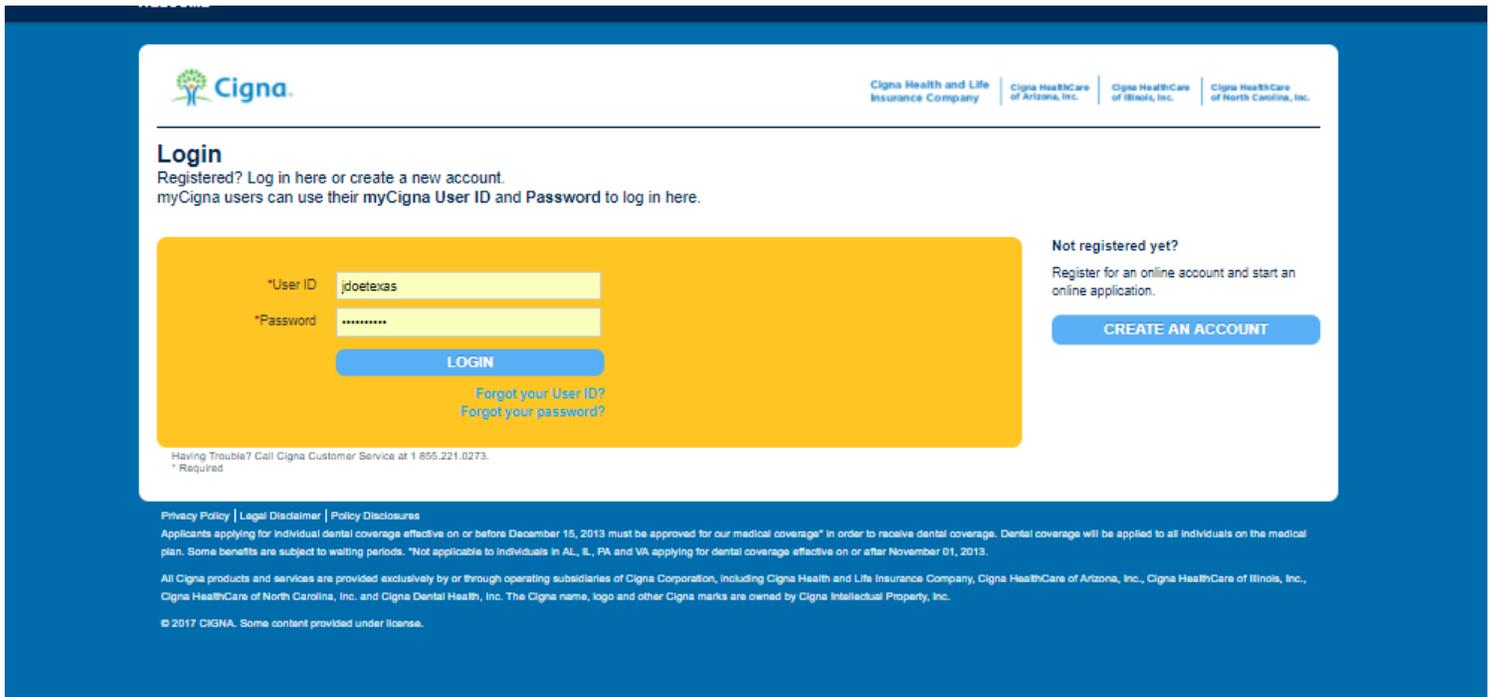
If you need further assistance, contact us at 800-853-2713.

THIS EMAIL HAS BEEN SENT FROM AN UNMONITORED EMAIL ACCOUNT. PLEASE DO NOT REPLY.

CONFIDENTIALITY NOTICE: If you have received this email in error, please immediately notify the sender by e-mail at the address shown.

This email transmission may contain confidential information. This information is intended only for the use of the individual(s) or entity to whom it is intended even if addressed incorrectly. Please delete it from your files if you are not the intended recipient. Thank you for your compliance. Copyright (c) 2017 Cigna

7. Select Login



The screenshot shows the Cigna Login page. At the top left is the Cigna logo. To the right are four logos for Cigna subsidiaries: Cigna Health and Life Insurance Company, Cigna HealthCare of Arizona, Inc., Cigna HealthCare of Illinois, Inc., and Cigna HealthCare of North Carolina, Inc. Below the logos is the heading "Login" followed by the text: "Registered? Log in here or create a new account. myCigna users can use their myCigna User ID and Password to log in here." Below this text is a yellow login form with two input fields: "*User ID" with the value "jdoetexas" and "*Password" with a masked value "*****". Below the fields is a blue "LOGIN" button. Below the button are two links: "Forgot your User ID?" and "Forgot your password?". To the right of the login form is a section titled "Not registered yet?" with the text: "Register for an online account and start an online application." Below this text is a blue button labeled "CREATE AN ACCOUNT". At the bottom left, there is a small text block containing links for "Privacy Policy | Legal Disclaimer | Policy Disclosures" and a disclaimer: "Applicants applying for individual dental coverage effective on or before December 15, 2013 must be approved for our medical coverage* in order to receive dental coverage. Dental coverage will be applied to all individuals on the medical plan. Some benefits are subject to waiting periods. *Not applicable to individuals in AL, IL, PA and VA applying for dental coverage effective on or after November 01, 2013." Below this is another paragraph: "All Cigna products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation, including Cigna Health and Life Insurance Company, Cigna HealthCare of Arizona, Inc., Cigna HealthCare of Illinois, Inc., Cigna HealthCare of North Carolina, Inc. and Cigna Dental Health, Inc. The Cigna name, logo and other Cigna marks are owned by Cigna Intellectual Property, Inc." At the very bottom, there is a copyright notice: "© 2017 CIGNA. Some content provided under license."

8. Student will complete application.

WELCOME JANE DOE | QUICK LINKS | GO TO: MY SELECTIONS (0) | MY ACCOUNT | MY MESSAGES | LOGOUT

Cigna | Cigna Health and Life Insurance Company | Cigna HealthCare of Arizona, Inc. | Cigna HealthCare of Illinois, Inc. | Cigna HealthCare of North Carolina, Inc. | Cigna HealthCare of Texas, Inc.

Your Agent: TERRY LYONS
Writing Office ID: 481348
Address: 3500 WILLIAM D TATE AVE SUITE 200 | GRAPEVINE, TX 75051
Phone: 855.547.2721

Start | Plan Selections | Applicant Info | Current Coverage | Statement of Accountability | Summary | Payment | Submission

MY APPLICATION: Getting Started on Your Application: Page 1 of 7
Texas Application for Dental Insurance

MY APPLICATION

App ID: 104044
Required Effective Date: 01/01/2017
Plan: CDP 0000
Selected Plan(s): Cigna Dental 1000
Estimated Monthly Rate: \$25.00
RE-SUBMIT

START TO FINISH, WE'RE HERE TO HELP YOU.

Thank you for choosing Cigna for your dental coverage needs. Completing the dental application won't take you long. However, you may want to first gather the information below to help you complete the application in even less time.

APPLICATION CHECKLIST:
Gather the following information for all applicants:

- ✓ Name
- ✓ Birth date
- ✓ Address
- ✓ Current employer dental coverage
- ✓ Payment methods:
 - First month's premium payment method choices: credit card or bank withdrawal (have your bank account and bank routing number on hand)
 - Ongoing premium payment method choices: automatic bank withdrawal or monthly electronic bill

Once you complete and submit your application, we will review it and notify you when your application has been processed. Be sure to check your My Account page regularly to track updates on the status of your application submission.

IMPORTANT INFORMATION
About your Cigna Individual & Family Plans Enrollment Application
The applicant is responsible for ensuring that the application is complete and truthful. Coverage will become effective only if this application is approved. Coverage is not guaranteed until you receive written notification from Cigna. Do not cancel your current coverage until you have received notification from Cigna.

All fields marked with (*) must be completed.

Helpful Tips
Once you complete and submit your application, we will review it and notify you when your application has been processed. Be sure to check your My Account page regularly to track updates on the status of your application submission.

Safe and Secure
Our site uses VeriSign CyberTrust Security to digitally encrypt your personal information, so you can be sure the security of your information is maintained. View our Privacy Policy for more security information.

INCIDENT10016 | This application is not proof of coverage | 88442 0515 02016 Cigna

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