

June 13 - 30

HSC ROUNDS

Office of Student Life

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Liaison Librarians

The TTUHSC Libraries have dedicated liaison librarians for each of the TTUHSC schools. Each librarian can help you find full text articles, search databases effectively, and manage citations using RefWorks or EndNote. Find your liaison librarian at <https://ttuhsc.libguides.com/reference/liaisons>.

Shatter the Stigma - Registration Closing June 16

Register today for Shatter the Stigma: An Interprofessional Simulation with Standardized Patients. The virtual event, hosted by the Office of Interprofessional Education, will be held on June 24th from 9 am to 12:30 pm. The purpose of this interprofessional simulation event is to allow participants an opportunity to practice harm reduction strategies and interviewing techniques that alleviate stigmas around SUD's in the healthcare setting. Registration is open through June 16 at <https://bit.ly/3J8cnEG>.

Funding Available for Promoting Student Wellness

Well Beyond, the TTUHSC QEP, has grant funding available to promote student wellness at our university. Any faculty, staff, or student can apply to receive up to \$1,000 to fund a project or program that will benefit TTUHSC students. The grant application and a helpful 15-minute video about the application process can be found [here](#). July 15, 2022 is the deadline for submitting a grant application for FY 2023. If you have any questions about this opportunity, not addressed in the application or video, please contact Dr. Alan Korinek, QEP Co-Director (806-743-6175 or alan.korinek@ttuhsc.edu).



Find Your Zone

Students within health profession programs experience high physical, cognitive, and psychological demands, leading to occupational imbalance, which impacts their overall emotional health and well-being. Evidence supports that engaging in occupational balance restoring activities that also facilitate flow experiences can contribute to improved emotional and overall health.

This program is offering a limited number of free mindful craft kits to any interested TTUHSC student on a first-come-first-serve basis. The kits include a range of crafts such as stained-glass window art, embroidery, glass mosaic tiling, diamond painting, and paint-by-number. You will receive a tip sheet with the kit you select on how to use the activity to promote emotional wellness.

Interested students, contact Laurie.Stelter@ttuhsc.edu in order to select your mindful craft kit. No further obligation for participating once you have selected and receive your kit. You must be able to pick-up your kit from the Lubbock campus.

Resiliency in Interprofessional Teamwork

Resiliency in Interprofessional Teamwork, hosted by the Office of Interprofessional Education and the Quality Enhancement Plan (QEP), will focus on strategies to increase resiliency and emotional intelligence for individuals and teams in challenging situations, identifying ways to adapt to an ever-changing environment. The event is open to all students, faculty, and staff.

To register for the event, visit <https://app4.ttuhsc.edu/InterprofessionalEvents/>. Registration deadline is July 15, 2022. For more information, please contact the Office of Interprofessional Education at ipe@ttuhsc.edu.

IPE Escape Room Challenge

Looking for a fun and engaging IPE experience? The IPE Escape Room is an adventurous way to meet new students across our various healthcare professions while improving teamwork and communication skills. Throughout this beginner escape room, teams will collaborate together to solve puzzles that will ultimately lead to a discharge plan in a simulated patient case. Team members are not required to have discipline-specific knowledge and teams will be provided clues as needed.

Participants may be asked to switch days and times to ensure an interprofessional mix of learners. At registration, you will select a preferred date and time in the "workshop" dropdown menu.

To register or for more information visit our website at:

<https://app4.ttuhsc.edu/InterprofessionalEvents/> or contact us at ipe@ttuhsc.edu.

UPCOMING EVENTS



Out for Health @ TTUHSC Events

As Part of national LGBTQ Pride Month, Texas Tech University Health Sciences Center strives to remove barriers for marginalized individuals in an effort to create greater access to high-quality care and to eliminate health disparities. The Office of Diversity, Equity and Inclusion is hosting OUT for HEALTH @ TTUHSC as a week of awareness and education for students, faculty and staff. Questions can be directed to diversity@ttuhsc.edu.

Virtual Screening of *Cured* with a Post-Film Discussion

Five year in the making, *Cured*, illuminates a pivotal yet largely unknown chapter in the struggle for LGBTQ equality: the campaign that led the American Psychiatric Association (APA) to remove homosexuality from its manual of mental illnesses.

- **Monday, June 13th | 7 - 9 pm | Zoom:** <https://us06web.zoom.us/j/85038222309?pwd=aFJoa0xGeTN6OEtdNEh0b05hd092UT09>

Helix Diversity Series: Practicing Allyship for LGBTQ Identities

- **Tuesday, June 14th | 2 - 3:15 pm | Dallas Campus Room 745 or Zoom:**
<https://us06web.zoom.us/j/85038222309?pwd=aFJoa0xGeTN6OEtdNEh0b05hd092UT09>

LGBTQ Health Townhall

This townhall will bring awareness to health disparities for LGBTQ people, engage in discussion around issues related to the health of LGBTQ people and more. The townhall will feature Dr. Colt St. Amand.

- **Wednesday, June 15th | 10 am - 12 pm | Zoom:**
https://ttuhsc.zoom.us/webinar/register/WN_FR7eRJLZTgem4msZTouD_w

Diversity Resource Fair and T-Shirt Distribution

Learn more about programs and services available to students, faculty, and staff while celebrating diversity. OUT for Health at TTUHSC shirts will be available first come, first serve. Stop by Student Life's table for a fun Tie-Diversity activity and Bahama Bucks snow cones.

- **Thursday, June 16th | 11 am - 1 pm | Academic Classroom Building (Lubbock)**

School of Pharmacy Research Days

This annual event is a wonderful opportunity for School of Pharmacy's Faculty, Post-Doctoral Research Associates, Graduate students, Residents, and Pharm.D. students to come together from all four campuses to talk about research and build collaborations and friendships. Keynote speakers for the event will be Alan Saghatelian, Ph.D., Salk Institute & Kerry LaPlante, Pharm.D., University of Rhode Island.

- **June 13 - 14 | 8 am - 4 pm | Overton Hotel Lubbock (2322 Mac Davis Lane)**



OPV Webinars

Join the Office of People and Values for their webinar series discussing a variety of topics. Adopting a growth mindset is all about embracing the power of “yet”. During this one hour webinar we will identify ways you can start adopting a growth mindset around your work and learning.

- **Thursday, June 16th | 10 - 11 am | Zoom:** <https://ttuhsc.zoom.us/j/97908546964>

This webinar is designed to provide you with tools and knowledge to enhance your leadership skills so that you can effectively lead and manage a team whenever the opportunity presents itself.

- **Tuesday, June 21st | 10 - 11 am | Zoom:** <https://ttuhsc.zoom.us/j/95915439185>

We are taught to be aware of our blind spots while learning to drive to prevent an accident. Similarly, in conversation, we all have blind spots to navigate. Conversational blind spots cause conflict and breakdown in communication. In this webinar, we will explore five conversational blind spots based on Judith E. Glaser book Conversational Intelligence.

- **Tuesday, June 28th | 2 - 3 pm | Zoom:** <https://ttuhsc.zoom.us/j/92680903075>

At times we find ourselves in conversations with people who make statements like this, “Well, that’s not my experience.” or “That’s not how I see it!” Our different experiences create our reality. So, how do we navigate the “reality gap” in our conversation? Judith E. Glaser advises using open-ended questions. We will discuss the three levels of open-ended questions in this webinar.

- **Thursday, June 30th | 2 - 3 pm | Zoom:** <https://ttuhsc.zoom.us/j/92309963218>

Spring Queening Charity Drag Showcase

The 2022 Spring Queening Charity Drag Showcase is hosted by the TTUHSC Genders & Sexualities Alliance to celebrate and support the diversity of the LGBTQIA+ community. Highlighting the perseverance and growth of the local queer community through the art of drag, the event stars Lubbock drag performers. The performance focuses on inclusion and accessibility and functions to encourage and educate allies within the TTUHSC and Lubbock communities.

The event is free and open to the public. Donations are encouraged! Change CANNOT be made at the door! All proceeds from the event will be donated to LubbockPRIDE, a local organization dedicated to achieving positive representation of the LGBTQIA+ community within Lubbock and represent the city and the surrounding areas in a dignified manner.

- **Thursday, June 16th | 7 - 9 pm | Academic Event Center**

Stroke Research Seminar

Join the Department of Internal Medicine for a Stroke Research Seminar. This session will discuss "Matrix Resurrections: Novel Therapeutic Targets for Cerebrovascular Disease and COVID-19" with guest speaker Gregory J. Bix, MD, PhD, Director of the Clinical Neuroscience Research Center & COVID-19 Biobank and Library at Tulane University.

- Tuesday, June 21st | 12 - 1 pm | Zoom: <https://ttuhsc.zoom.us/j/8624844206?pwd=WHAzNU80MjFMakttZFNBM3ZRQUk4QT09>



Celebrating the Opening of Julia Jones Matthews School of Population & Public Health

Texas Tech University Health Sciences Center commemorates the official opening of its sixth school.

- Wednesday, June 29th | 10 - 11 am | TTUHSC Abilene Campus (1674 Pine Street)

STUDENT ORGS

Roster Updates in HSC Net

Please make sure to give new officers access in HSC Net. This helps to make sure they receive important communication about upcoming trainings and deadlines.

For any questions, please contact the Office of Student Life at Student.Life@ttuhsc.edu or 806-743-2302.

Connect with the Student Life Office



Student.Life@ttuhsc.edu | (806) 743-2302 | www.ttuhsc.edu/student-life