

October 10 - 16

HSC ROUNDS

Office of Student Life

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TTUHSC SGA Virtual Red Raider Run-Off

The TTUHSC Student Government Association (SGA) is hosting "Virtual Red Raider Run-Off!" This a virtual 5K (3.1 miles) run, walk, or stroll in order to raise money for TTUHSC student scholarships, and we would like to invite you to participate. Run or walk the 5K distance anywhere! You can run at your own pace, at any location (even on a treadmill!), alone or with a friend. Awards will be given for the top 3 for Men & Women and the Best Race Day Photo. This race is open to the entire community, so please feel free to encourage family, friends, and loved ones to participate. Contact Joel Ennin at joel.ennin@ttuhsc.edu with any questions.

Registration is \$20 per person. The registration fee includes race-day T-shirts and prizes for award winners. The last day to register is Friday, October 21st. Register at <https://bit.ly/3BFSvGj>.



IPE Fall Symposium - Registration Open

Registration is open! This year's symposium is titled Piercing the Darkness of Human Trafficking: Building Trust Through Interprofessional Collaboration and Communication. Rebekah Charleston, M.Crim., will kick off the 2022 IPE Fall Symposium with her keynote, Tragedy to Triumph: A Trafficking Survivor's Perspective. Bekah Charleston will share her sex trafficking survivor's story through more than ten years of abuse and victimization at the hands of multiple pimps/traffickers. She will also discuss ways the healthcare team can engage with victims and collaborate with law enforcement and restorative services. Bekah has moved beyond her victimization to become a nationally recognized survivor leader in the anti-trafficking movement and CEO/Co-Founder of the Charleston Law Center, where she oversees pro bono legal services to survivors of sexual violence.

Do you need leadership opportunities???

Student peer facilitators are needed to lead small interprofessional teams during the afternoon case study activity with faculty monitoring rooms for needed assistance.

Facilitators and students interested in serving in a leadership role for the event are encouraged to contact the Office of Interprofessional Education. For more information on the symposium, please contact the Office of Interprofessional Education at (806) 743-2028, email us at ipe@ttuhsc.edu, or visit our website www.ttuhsc.edu/interprofessional-education.

Use the link below to register for the IPE Fall Symposium.

<https://app4.ttuhsc.edu/InterprofessionalEvents/>



QEP Emotional Intelligence - Registration Deadline

What makes a healthcare provider an effective leader? Emotional intelligence (EI) is critical for one's personal and professional life. You're invited to participate in an interactive learning event designed to increase your understanding and application of EI.

QEP will be hosting an event for distance students and those unable to attend the in-person event on September 30th to learn more about emotional intelligence. Register online at <https://bit.ly/3RgHlsc>.

- Virtual Event: October 28th, 11:00 am - 12:30 pm (register by October 21st)



But First, FAFSA

The 2023–24 FAFSA form opened on October 1, 2022. So, before you head off to clinicals, settle in to watch your favorite shows, or go pick up your pumpkin spice latte, please complete the 23-24 FAFSA form to apply for all types of financial aid such as these:

- Federal grants
- Federal student loans
- State loans
- State grants
- Institutional scholarships (all HSC schools require a FAFSA to be completed as part of their scholarship applications)
- Grants and scholarships from other organizations

If you don't fill out the FAFSA form, you could be missing out on valuable financial aid.

The 2023-2024 FAFSA will be used to offer financial aid for the summer 2023, fall 2023 and spring 2024 TTUHSC semesters. You will need your 2021 Federal Income Tax return information to complete the FAFSA.

Every year, there are a number of reasons students think they shouldn't complete the FAFSA form; however, the reality is that EVERYONE who's going to college should fill it out.

So, are you ready to get started? To fill out the FAFSA form, simply visit <https://studentaid.gov/h/apply-for-aid/fafsa>, select the 23-24 FAFSA and fill it out on a computer or mobile device.

We will begin uploading the 23-24 FAFSAs into our system in late October/early November. This is to allow time to receive the system updates for the new award year.

Questions? Contact Student Financial Aid at financial.aid@ttuhsc.edu or 806-743-3025.



Save the Date - Dia de los Muertos Celebration

Save the date for the 2022 Dia de los Muertos Celebration hosted by the Office of Global Health, Medical Spanish Club, Global Health Alliance, and Empathy and Advocacy Book Club. Join the festivities on Tuesday, November 1 from 11:30 AM - 1 PM in the Lubbock campus ACB Lobby. Lunch will be served at noon to the first 200 guests.

For more information, please contact the Office of Global Health at globalhealth@ttuhsc.edu.

UPCOMING EVENTS



OPV Webinars

Join the Office of People and Values for their webinar series covering a variety of topics. Bias is a human trait resulting from our tendency and need to classify individuals into categories as we strive to process information and make sense of the world quickly. To a large extent, these processes occur below the level of consciousness. This webinar will discuss eight forms of bias.

- Tuesday, October 11th | 10:00 - 11:00 am | Zoom: <https://ttuhsc.zoom.us/j/91947138748>

Success is great, but living on our past success limits our future success.

- Friday, October 14th | 10:00 - 11:00 am | Zoom: <https://ttuhsc.zoom.us/j/91707637297>



QEP Educational Programming

Please join the TTUHSC Quality Enhancement Plan for a presentation as we welcome speaker, bestselling author, and radio host of the Dr. John Delony Show, Dr. John Delony. Dr. Delony is an alumnus of Texas Tech University and he has spent his career helping students and others navigate tough decisions, improve relationships, and believe they are worthy of being well. Learn more about Dr. Delony and The Dr. John Delony Show [here](#). A recording of the presentation will be posted on the Live Well website after the event.

Please contact Leslie Collins, QEP Co-Director, with any questions at 806.743.9861 or leslie.collins@ttuhsc.edu.

- Wednesday, October 12th | 12:00 - 1:00 pm | Zoom: <https://ttuhsc.zoom.us/j/92724755634>



Cocinando: Celebrating Hispanic Heritage Through Cooking

“Comer es vivir” (Food is life.) In this event, you will have the honor and privilege to hear about a traditional food in a number of Hispanic cultures—the empanada. The empanada dates back to the 1500s, with origins in Spain and Portugal; today a number of varieties are found through Latin countries and cultures. During this program we will hear from two community members that are well known for their empanadas and the culture behind them. Join us if you want to learn how to make empanadas and how they are made in different Hispanic countries. Let’s get cooking!

- Tuesday, October 11th | 7:00 - 8:00 pm | Zoom:
<https://ttuhsc.zoom.us/meeting/register/tJUqfuirqlrGtY8mHnsH2VqaUFgWTx3qh33>

Abilene Celebración

Celebrate Hispanic Heritage Month (HHM) by participating in the Abilene Celebración, which will include a lunch cooked by TTUHSC team members, music, and community. The Abilene Celebración will include the Hispanic Heritage Month T-Shirt Distribution* for Abilene team members.

- Wednesday, October 12th | 11:00 am - 12:00 pm | Abilene Campus South Parking Lot

La Voz Hispana: A Conversation with TTUHSC's Hispanic Community

When it comes to 'servingness,' what are some of the core tenets TTUHSC should focus on? Join us in a facilitated conversation with TTUHSC team members in a discussion on lived experiences and opportunities to continue enhancing our practice of 'servingness' for minoritized communities. Panelists will reflect on a time TTUHSC impacted them in positive ways and will identify resources at the institution that they feel are useful for Hispanic team members.

- Wednesday, October 12th | 12:00 - 1:00 pm | Zoom:
https://ttuhsc.zoom.us/webinar/register/WN_pkHWr_k2TKSI-X-Fmfi8Uw

Amarillo Celebración

Celebrate Hispanic Heritage Month (HHM) by participating in the Amarillo Celebración, which will feature a number of resources available to Team Members and those in the Amarillo community. The Amarillo Celebración will feature the Hispanic Heritage Month T-Shirt Distribution*, food, and opportunities to build community with TTUHSC Team Members.

- Thursday, October 13th | 5:00 - 7:00 pm | Amarillo Campus School of Pharmacy Building



Global Perspectives Film Series

The Office of Global Health invites you to attend a film series on issues related to global health and developing global mindedness. How do 1.1 billion people around the world live on less than \$1 a day? In *Living On One Dollar*, four young friends set out to research and live this reality. Armed with only a video camera and a desire to understand, they spent just 56 dollars each day for 56 days in rural Pena Blanca, Guatemala. They battle E. Coli, financial stress, and the realization that there are no easy answers. Yet, the generosity and strength of their neighbors, Rosa, Anthony, and Chino gives them resilient home.

- Thursday, October 13th | 12:00 - 1:00 pm | Lubbock ACB 230 or Zoom:
<https://ttuhsc.zoom.us/j/4559012756?pwd=QlRkcZBaUTRYSGFiOEhvZnVlcDM2QT09>

Alzheimer's Disease Research Seminar

Join the Department of Internal Medicine for their seminar on Alzheimer's Disease. This session will feature Jonathan Singer, Ph.D., Assistant Professor in Clinical Psychology at TTU. His topic will be "Grief Trajectories: From Pre-death Grief to Prolonged Grief Disorder."

- Thursday, October 6th | 12:00 - 1:00 pm | Lubbock HSC 1C124 or Zoom:
<https://ttuhsc.zoom.us/j/5184550126?pwd=RnlrUmltYlYrVFISTFFmY09landvdz09>



Abilene Medication Cleanout

Prevent poisonings, abuse and misuse. Protect the environment. Bring unused, expired or no longer needed medications to our drive thru event. (Please leave medications in their original containers. Households only - no clinic loads.) We do accept sharps. Please separate from your medications.

- Saturday, October 15th | 10:00 am - 2:00 pm | Abilene Campus - Nursing Building (1674 Pine St.)

STUDENT ORGS

Student Organization Resources

The Office of Student Life hosted training sessions for student organization officers and advisors. A recording of the training can be found at the below link. Before an organization can begin spending Senate funds, the SGA Funding Contract must be signed by the President, Treasurer and Advisor and emailed to Student Life

- Organization Training Recording: <https://bit.ly/3qHKSKq>
 - Passcode: sxSn#y3U

For any questions, please contact the Office of Student Life at Student.Life@ttuhsc.edu or 806-743-2302.



Student Organization Purchase Reminders

As a reminder for all student organizations, any purchase requests for the use of Senate funding must be submitted **at least 2 weeks in advance**. The Purchase Request is located under your organization's HSC Net Finance tool. You must be an officer in the group's Roster to access the purchase request system.

If you are a Medicine student organization with an on-campus Agency account, please submit a spending requests for Agency funds using the Medicine form in HSC Net (<https://bit.ly/3McAu7u>).

For any questions, please contact the Office of Student Life at Student.Life@ttuhsc.edu or 806-743-2302.

Connect with the Student Life Office



Student.Life@ttuhsc.edu | (806) 743-2302 | www.ttuhsc.edu/student-life