

December 19- January 1

HSC ROUNDS

Office of Student Life

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Happy Holidays & Happy New Year!

All TTUHSC Offices and Clinics will be closed on Monday, December 26th and Friday, December 30th for the holidays.

Wishing everyone safe and happy holidays!

TTUHSC Libraries Holiday Hours

The TTUHSC Libraries will be closed for the Winter Holiday December 24th through the 26th and December 30th through January 1st, 2023. Regular hours will resume on Monday, January 9th.

The Libraries will have shortened hours December 19th through December 23rd, December 27th through December 29th and January 2nd through January 8th, 2023 closing at 5:00 pm.

Have a safe and Happy Holiday!

Printing Balances at the TTUHSC Libraries

TTUHSC students' PaperCut accounts are automatically created with an initial \$100.00 balance. On January 1st of each year, any PaperCuts accounts with a balance below \$100.00 are automatically reset to \$100.00. For more information, please see the Libraries' webpage on Printing.
<https://ttuhsc.libguides.com/papercut>

MLK Day of Service

The Martin Luther King Jr. holiday on Jan. 16, 2023, marks the 29th anniversary of the day of service that celebrates the Civil Rights leader's life and legacy. Observed each year on the third Monday in January as "a day on, not a day off," MLK Day is the only federal holiday designated as a national day of service to encourage all Americans to volunteer to improve their communities.

Please join Student Life and the Student Ambassadors for Diversity and Inclusion as they come together to celebrate the MLK Day of Service by volunteering at Lubbock Impact. We will be working in their Clothes Closet, organizing, sorting, tagging and hanging donated clothing. Please RSVP at <https://ttuhsc.campuslabs.com/engage/event/8623646>.

EPIC Day Registration

Registration is open for EPIC Day 2023! Various national guidelines and accreditation standards stress the importance of teaching health care professionals interprofessional education within a population health framework. Emergency Preparedness in Communities (EPIC) Day is designed to foster improvement in interprofessional communication and teamwork skills within a public health emergency preparedness framework with an emphasis on community resources, policy, action planning, and population health.

Do you need leadership opportunities? Would you like to volunteer to be a student peer facilitator? Get registered for EPIC Day and then email us at ipe@ttuhsc.edu.

Disaster Day 2023

Registration is open for Disaster Day 2023, an interprofessional mass disaster simulation. It will be held LIVE in two locations this year!

- Amarillo - March 10, 2023
- Lubbock - March 24, 2023

Teams of interprofessional students will practice basics of mass casualty triage, as well as apply assessment, reasoning and decision-making skills during an emergency to facilitate and optimize collaboration through teamwork, communication, values/ethics and understanding of roles/responsibilities. Lunch will be provided.

Register here: <https://app4.ttuhsc.edu/InterprofessionalEvents/>. For more information, please contact the Office of Interprofessional Education at (806) 743-2028, email us at ipe@ttuhsc.edu, or visit our website www.ttuhsc.edu/interprofessional-education.



Save the Date - Official Class Ring Ceremony

TTUHSC's Official Ring Ceremony is set for Saturday, April 22nd in the Academic Event Center. The ceremony is open to all TTUHSC students and alumni who wish to participate. It is a wonderful occasion to celebrate receiving your class ring.

To view the official class ring design options, visit our school-specific page at www.balfour.com/ttuhsc. Class ring orders for the 2023 Ring Ceremony must be placed with Balfour by February 24th in order to be ready for the event.

For more information on class rings or the Ring Ceremony, please visit the Student Life website at <https://www.ttuhsc.edu/student-life/ring-ceremony.aspx>.



TEXAS TECH UNIVERSITY HEALTH SCIENCES CENTER.
HELPING HANDS FOOD PANTRY

TTUHSC Helping Hands Food Pantry

The TTUHSC Helping Hands Food Pantry is an ongoing endeavor of the TTUHSC community working together to fight and end food insecurity for the members of the TTUHSC family (students, staff and faculty). The Helping Hands Food Pantry has established Kindness Kits to battle against food insecurity within our community. Any member of the TTUHSC family may submit a request for a Kindness Kit for themselves or another TTUHSC family member. All requests are confidential. The requestor will be contacted within three hours of submitting the application Monday through Friday between 8-5. The kit can be picked up at the Preston Smith Library in Lubbock or a scheduled location within any of our HSC campus's located in Abilene, Amarillo, Dallas and Odessa.

To Request a Kindness Kit for yourself or someone else, please submit a form at our website at: <https://hscweb.ttuhsc.edu/helpinghands/>. To make monetary donations please visit: <https://donate.give2tech.com//?fid=H251099>. For questions please contact us at helpinghands@ttuhsc.edu.

UPCOMING EVENTS

OPV Webinars

Join the Office of People and Values for their webinar series covering a variety of topics. While there's no hardline right or wrong way to approach leadership, some of the worst leadership styles are best avoided. This webinar will identify 7 of the worst leadership styles.

- Tuesday, December 20th | 10 - 11 am | Zoom: <https://ttuhsc.zoom.us/j/91501985210>

Conflict and disagreement are unavoidable (part 2).

- Thursday, December 22nd | 10 - 11 am | Zoom: <https://ttuhsc.zoom.us/j/92498077825>

Have you noticed that the winter holidays increase the generosity, warmth, and compassion in the air? You may think, "What does this have to do with leadership?" I invite you to join the discussion as we reveal five leadership lessons we can take away from the winter holiday season.

- Thursday, December 29th | 10 - 11 am | Zoom: <https://ttuhsc.zoom.us/j/99305580571>

Alzheimer's Disease Research Seminar

Join the TTUHSC Department of Internal Medicine for their monthly Alzheimer's Disease Research Seminar. This session will feature guest speaker Xin Qi, Ph.D. from the Department of Physiology & Biophysics at the Case Western Reserve University School of Medicine. Her topic will be "Regulation of mitochondrial quality in neurodegenerative diseases."

- Tuesday, December 20th | 12 - 1 pm | Zoom: <https://ttuhsc.zoom.us/j/91346538782>

Medicine on the Move - Health Promotion Clinic

Medicine on the Move of TTUHSC Permian Basin will be at Catholic Charities Odessa for the Health Promotion Clinic. The topic for this month is Sleep Hygiene.

- Wednesday, December 21st | 1 - 2 pm | Catholic Charities Odessa (2500 Andrews Highway)

STUDENT ORGS

Spring Re-Registration & Budget Trainings

The Office of Student Life will host three training sessions to cover the Budget Request and Re-Registration Process for student organizations. The deadline for the Budget Request and Re-Registration processes will be March 1, 2023. The President and Treasurer for each student organization must attend one training. Advisors are welcome to attend, but are not required.

- Tuesday, January 10th at Noon - Register at <https://bit.ly/3iBdaFS>
- Thursday, January 12th at Noon - Register at <https://bit.ly/3Fi9tO1>
- Wednesday, January 18th at 5:30 pm - Register at <https://bit.ly/3EYc7Hf>

For any questions, please contact the Office of Student Life at Student.Life@ttuhsc.edu or 806-743-2302.



Student Organization Purchase Reminders

As a reminder for all student organizations, any purchase requests for the use of Senate funding must be submitted **at least 2 weeks in advance**. The Purchase Request is located under your organization's HSC Net Finance tool. You must be an officer in the group's Roster to access the purchase request system.

If you are a Medicine student organization with an on-campus Agency account, please submit a spending requests for Agency funds using the Medicine form in HSC Net (<https://bit.ly/3McAu7u>). For any questions, please contact the Office of Student Life at Student.Life@ttuhsc.edu or 806-743-2302.

Connect with the Student Life Office



Student.Life@ttuhsc.edu | (806) 743-2302 | www.ttuhsc.edu/student-life