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Congratulations to all of the students graduating this weekend in the School of Medicine and School of Pharmacy!

## Poster Printing at the TTUHSC Libraries: Are you Ready to Print?

Presenting at an upcoming conference that involves creating a poster? The TTUHSC Libraries can help! There are poster printers available at the Odessa and Lubbock campus libraries - https://ttuhsc.libguides.com/c.php?g=1263783&p=9265519 and https://ttuhsc.libguides.com/3dprinting/Poster\_Printing\_The\_Methodology\_Lab

### **Grant Funding to Promote Student Wellness at TTUHSC**

Well Beyond, the TTUHSC QEP, has grant funding available to promote student wellness at our university. Any faculty, staff, or student can apply to receive up to \$1,000 to fund a project or program that will benefit TTUHSC students. The grant application and a helpful 15-minute video about the application process can be found here. July 15, 2023 is the deadline for submitting a grant application for FY 2024. If you have any questions about this opportunity, not addressed in the application or video, please contact Dr. Alan Korinek, QEP Co-Director (806-743-6175 or alan.korinek@ttuhsc.edu).

### Register Now for the West Texas Regional Mental Health Conference

Registration is now open for the West Texas Regional Mental Health Conference, Wednesday, May 31, 2023. This is a live event to be held at the Lubbock Civic Center. This educational conference is designed to provide three different concurrent tracks for learners that will provide information about mental illness and resources.

For more information, please email the Office of Continuing Medical Education at cme@ttuhsc.edu or visit our website at https://ttuhsc.edu/medicine/continuing-medical-education/

## **Registration Open - Shatter the Stigma 2023**

Registration is now open for our first summer IPE event, Shatter the Stigma, a virtual interprofessional simulation with standardized patients. In this IPE simulation with SPs, teams of learners from diverse professional backgrounds take the first step in shattering the stigma of SUDs by learning and practicing the use of destigmatizing interviewing techniques. This is accomplished by keynote presentations and panel discussions covering team-based care in SUDs, harm reduction strategies, and interviewing strategies to destigmatize the interview. Teams of learners will then participate in 2-3 simulations with SPs, followed by a facilitated debrief. This event will be held virtually on June 23, 2023.

The registration link is: https://app4.ttuhsc.edu/InterprofessionalEvents/. For more information, please contact the Office of Interprofessional Education at (806) 743-2028, email us atipe@ttuhsc.edu, or visit our website www.ttuhsc.edu/interprofessional-education.

## Resiliency in Interprofessional Teamwork - July 21st

Burnout in healthcare and healthcare education is an epidemic that has been linked to numerous devastating outcomes for learners, professionals, and patients. Many national healthcare organizations have stated that teamwork and mutual support are critical to improving resilience and well-being. Therefore, supporting and building the resiliency and well-being of teams is essential. It benefits not only the individual members of those teams but also those who are served by and engaged with the team. Additionally, as interprofessional teams are becoming increasingly important in health delivery, by understanding and applying principles of emotional intelligence, a foundation is built through creating team environments that are conducive for optimum communication, collaboration, and teamwork. Therefore, this IPE activity is designed to foster an awareness of personal resiliency and its impact on interprofessional teamwork and communication.

## UPCOMING EVENTS



### **OPV Webinar**

Join the Office of People and Values for their webinar series focusing on a variety of topics. "Change has a considerable psychological impact on the human mind. To the fearful, it is threatening because it means that things may get worse. To the hopeful, it is encouraging because things may get better. To the confident, it is inspiring because the challenge exists to make things better." — King Whitney Jr.

• Tuesday, May 16th | 10 - 11 am | Zoom: https://ttuhsc.zoom.us/s/96898689244

### Alzheimer's Disease Research Seminar

Join the Department of Internal Medicine for their seminar series on Alzheimer's Disease. This session will feature guest speaker, Eugenia Trushina, Ph.D., Professor at Mayo Clinic. Her topic will be "Harnessing Mitochondrial Signaling for Neuroprotection."

• Tuesday, May 16th | 12 - 1 pm | Zoom: https://ttuhsc.zoom.us/j/93055204507



## **Lifestyle Medicine Series**

Join the Rural and Community Engagement division of TTUHSC for their Lifestyle Medicine Series for the community. Lifestyle is a major contributor to health. Food choices, physical activity, and habits play an important role in the wellness journey. Heart disease and cancer are the leading causes of death in Texas and both are heavily connected to health behaviors. But there are lots of opportunities to improve health by adopting healthy lifestyle choices. This month's topic will be Mental Health.

• Thursday, May 18th | 12 - 1 pm | Zoom: https://ttuhsc.zoom.us/j/96481131080

# STUDENT ORGS



### **Student Organization Purchase Reminders**

As a reminder for all student organizations, any purchase requests for the use of Senate funding must be submitted at least 2 weeks in advance. The Purchase Request is located under your organization's HSC Net Finance tool. You must be an officer in the group's Roster to access the purchase request system.

If you are a Medicine student organization with an on-campus Agency account, please submit a spending requests for Agency funds using the Medicine form in HSC Net (https://bit.ly/3McAu7u). For any questions, please contact the Office of Student Life at Student.Life@ttuhsc.edu or 806-743-2302.

### **Senate Funds Spending Deadline**

The deadline for spending any remaining Senate funds for your student organization is August 11th. Please make sure to submit any Purchase Requests by the 2-week deadline before that date as all spending must be completed to allow for end of fiscal year reporting.

For any questions, please contact the Office of Student Life at Student.Life@ttuhsc.edu or 806-743-2302.

## **Connect with the Student Life Office**





