

February 26th - March 3rd

HSC ROUNDS

Office of Student Life

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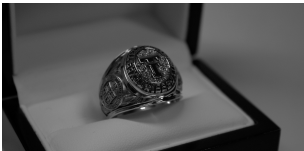
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TTUHSC Official Ring Ceremony

TTUHSC's Official Ring Ceremony will be held on Saturday, April 20th in the Academic Event Center. The ceremony is open to all TTUHSC students who wish to participate. **Class ring ordering for the Ring Ceremony closes on February 26th.** To view the official class ring design options please visit our school-specific page on Balfour's website at www.balfour.com/ttuhsc. For any questions please get in touch with Deidra Satterwhite at Deidra.satterwhite@ttuhsc.edu or 806-743-2302.

SGA Virtual 5K

The TTUHSC Student Government Association (SGA) is hosting a Virtual 5K (3.1 miles) run, walk, or stroll in order to raise money for the TTUHSC SGA Double T Scholarships, and we would like to invite you to participate. Run or walk the 5K distance anywhere! You can run at your own pace, at any location (even on a treadmill!), alone or with a friend. Awards will be given for the top 3 for Men & Women and the Best Race Day Photo. This race is open to the entire community, so please feel free to encourage family, friends, and loved ones to participate. For questions please email ttuhsc.sga@ttuhsc.edu.

Registration is \$25 per person. The registration fee includes race-day T-shirts and prizes for award winners. The last day to register is Thursday, March 7th. Register at <http://tinyurl.com/acyvstwe>.

Disaster Day 2024 - Two Locations: Amarillo & Lubbock

Amarillo on March 7th Location: TTU School of Veterinary Medicine, 7671 Evans Drive, Amarillo, TX

Lubbock on March 22nd Location: American Windmill Museum, 1701 Canyon Lake Drive, Lubbock, TX

Teams of interprofessional students will practice the basics of mass casualty triage and apply assessment, reasoning, and decision-making skills during an emergency to facilitate and optimize collaboration through teamwork, communication, values/ethics, and understanding of roles/responsibilities. Lunch will be provided. Register Here.

<https://app4.ttuhsc.edu/InterprofessionalEvents/> **Registration closes February 26th for Amarillo Disaster Day**

Mobile Apps at the Library

Many of the TTUHSC Libraries' resources have free mobile apps (including UpToDate) that you can install on your mobile devices. Some of the resources do require registration before installing. For more information on the resources that are available, please see our webpage:

<https://ttuhsc.libguides.com/apps>.

Poster Printing at the TTUHSC Libraries: Are You Ready to Print?

Presenting at an upcoming conference that involves creating a poster? The TTUHSC Libraries can help! There are poster printers available at the Odessa and Lubbock campus libraries -

<https://ttuhsc.libguides.com/c.php?g=1263783&p=9265519> and

https://ttuhsc.libguides.com/3dprinting/Poster_Printing_The_Methodology_Lab

Peru Summer 2024 - Application Open

The application is open for the TTUHSC sponsored International Program in Peru this coming July. The application due date is Friday, March 15th at 4 pm. Further information about the program, including pre-departure requirements, trip dates and the application link can be found at

<https://student.ttuhsc.edu/global-health/peru.aspx>. Contact the Office of Global Health for any questions at globalhealth@ttuhsc.edu.



Veterans Resource Center Scholarship Fundraiser

The Veterans Resource Center at TTUHSC is celebrating 5 years! We've designed a t-shirt in celebration of our 5-year anniversary. Proceeds from t-shirt sales go toward scholarships for our military-connected students. Order online at <https://tinyurl.com/44xbw7r>. Thank you for your support!

UPCOMING EVENTS

Global Mindfulness Workshops

This interactive workshop will orient participants to the science of breath, sustainable vocal health, and speaking with authenticity. Attendees will be guided through a series of exercises that can easily be incorporated into a personal wellness routine. Join us to establish a deeper connection to your own breath, become equipped with tools for vocal well-being, and learn how to express yourself authentically.

- Monday, February 26th | 11 am - 12 pm | HSC 2B265

This workshop will be a brief introduction to the art of close looking and using one's sense of sight to cultivate mindfulness. Through the act of looking and the practice of drawing, you'll be introduced to relaxation strategies that can be applied to life outside of the classroom. No previous art experience required.

- Wednesday, February 28th | 11 am - 12 pm | HSC 2B265



Student Life Social Event - Game Night

Student Life is hosting their second social of the semester to provide students an opportunity to take a break from studying and have some fun. Students will get to meet other students from other schools and programs while playing games and competing for prizes. Food and sodas will be provided.

- Tuesday, February 27th | 6 - 8 pm | Synergistic Center

Student Research Week

The Graduate School of Biomedical Sciences students invite you to the 36th Annual Student Research Week (SRW)! This year's theme is "Brain Wars: May the Neurons be with You." SRW will take place from February 28th to March 1st of 2024 in the Academic Event Center. The full schedule is available at the Student Research Week webpage at <https://www.ttuhsu.edu/biomedical-sciences/student-research-week/default.aspx>.

- February 28th - March 1st | 8 am - 1 pm | Academic Event Center

Global Health Lecture Series

Please join the Office of Global Health as we host Dr. Athena Chan for a discussion of her recent research findings and its implications for both community and global health. A large number of elder abuse and neglect incidents are perpetrated by family members. Family systems theory offers a valuable lens to inform and guide elder abuse and neglect practice and interventions. Core concepts will be reviewed, and application to practice will be discussed to address the gaps between theory and practice.

- Wednesday, February 28th | 12 - 1 pm | Zoom:
https://ttuhsc.zoom.us/webinar/register/WN_UDHIHg7BSE-_fIP-B-Bgjw

STUDENT ORGS



Spring Re-Registration & Budget Requests - Due March 1st

Re-Registration and Budget Requests for all student organizations are due on March 1st. Failure to submit the forms by the deadline can jeopardize Senate funding for the next academic year. Student Life recently hosted trainings to cover both processes and a recording of the training and PowerPoint slides can be found on the Student Life website - <https://www.ttuhsc.edu/student-life/student-organizations.aspx>.

For any questions about either process please contact Student Life at Student.Life@ttuhsc.edu or 806-743-2302.

Connect with the Student Life Office



Student.Life@ttuhsc.edu | (806) 743-2302 | www.ttuhsc.edu/student-life