

May 4th – 10th

HSC Rounds

Office of Student Life

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Giving Tuesday Now - May 5th

Tuesday, May 5th is Giving Tuesday Now, a global day of giving to unite and heal communities following the Covid-19 pandemic. We are highlighting the Our Legacy Now Student Foundation, a student-led organization that provides emergency financial assistance to TTUHSC students facing unexpected hardships. To donate to the fund you can visit

If you are a student experiencing a hardship, you can apply for emergency funds by visiting the OLN website: <https://www.ttuhsu.edu/our-legacy-now/default.aspx>.

If you are interested in joining OLN as an officer or would like more information about the foundation you can contact Peyton Sifrit at peyton.sifrit@ttuhsu.edu.

Resiliency in Interprofessional Teamwork

Change is a constant in healthcare. With today's global uncertainty, resiliency, grit, and an understanding of emotional wellness is critical for not only individual success, but team success as well. Join Dr. Michael Gomez, TTUHSC Center for Superheroes, as he shares insight on ways students can adapt in times of difficulty and build resiliency through creative approaches to self and team care.

Following the keynote address, students will participate in interprofessional team discussion identifying action plans that can be put into place that will support resiliency needs from both the individual professional perspective as well as the interprofessional team perspective.

Keynote Title: ***Well Beyond Self-Care: Developing Resilience and Emotional Wellness in Times of Difficulty.***

Michael Gomez, PhD -is a Licensed Psychologist (in both the states of Texas and Oklahoma) and Assistant Professor in the Pediatrics Department of Texas Tech University Health Sciences Center. Dr. Gomez's research interests are child maltreatment, foster children, autism spectrum disorders, and children/adolescents with sexual behavior problems. Dr. Gomez's has been certified as a trainer in numerous specialty areas and is one of a dozen people in the United States who makes up the Trauma and Autism Community of Practice for the NCTSN. He is also one of only a handful of people in the United States trained to assess and differentiate traumatic stress and autism spectrum disorders (ASD) in a formal psychological evaluation.

To register, visit our Eventbrite page at: <https://ipe-june-zoom.eventbrite.com>

Registration Deadline is 6-10-2020.

Online Library Resources and Services

The TTUHSC Libraries has over 110,000 online books and 50,000 online journals. Contact your Liaison Librarian for assistance in deciding what library resources are useful in your specialty and in your courses. <http://ttuhsc.libguides.com/reference/liaisons>

RefWorks and EndNote

The TTUHSC Libraries have subscriptions to two citation managers, EndNote and RefWorks. Both resources allow you to collect, manage and organize research papers. You can then use those citations to automatically generate footnotes and bibliographies formatted to whatever citation style you choose. For more information: <https://ttuhsc.libguides.com/bibliographic>.

Emotional Health in Times of Uncertainty: A Presentation for TTUHSC Students

TTUHSC's Quality Enhancement Plan, Well Beyond, brings to you a recorded presentation specifically developed for TTUHSC students by Dr. Greg Johnston of the TTU Student Counseling Center. Dr. Johnston provides key insights on how to stay emotionally well when life's challenges create uncertainty, whether that's a coronavirus pandemic or any of the things in life that cause stress and anxiety.

Please use the following link to access the presentation: <https://youtu.be/odYKpM4j1r4>

UPCOMING EVENTS

Events & Opportunities for Students

Students Supporting Students: Virtual Hang Outs

You're invited to hang out virtually with other TTUHSC students to give and receive support, as together we navigate this challenging time. The Counseling Center at TTUHSC is hosting these Zoom meetings through the end of June. Below are the days and times when you can attend. You will need to use the provided Zoom links each week.

Mondays from 6:00-7:00 pm - <https://ttuhsc.zoom.us/j/93935902058>

Fridays from 4:00-5:00 pm - <https://ttuhsc.zoom.us/j/94781708374>

Presidential Town Halls

Statline TV hosts twice weekly Presidential Town Halls with Interim President Lori Rice-Spearman, Ph.D. on Tuesdays and Thursdays at 3:00 pm with various topics and guests. See below for this week's topics and Zoom links. Tuesday, May 5th Town Hall will specifically for students.

Tuesday, May 5th - Phased Plan to Return to Campus - <https://ttuhsc.zoom.us/j/94764516877>

Thursday, May 7th - Covid-19 Collaborations - <https://ttuhsc.zoom.us/j/97270896282>

STUDENT ORGS

Important Information for Student Org Officers & Advisors

HSC Net - Access to New Officers

As you pass duties over to newly elected officers, please remember to give them access to the organization's page in HSC Net. To give them an officer position, go to the Roster and select the Pencil icon to the right of their name. You can then select the officer position needed for that specific person. For questions, please contact Student Life at student.life@ttuhsc.edu.

Connect With the Student Life Office



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