

November 9th - 15th

HSC ROUNDS

Office of Student Life

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QEP Educational Programming Opportunity

Please join the TTUHSC Quality Enhancement Plan and Diversity, Equity, and Inclusion Committee for a presentation on Wednesday, November 18, 2020 at 12:00 pm by Dr. Dave Louis, PhD entitled, "Emotional Wellness and Self-Care: Balancing 'You' in a Multicultural and Pluralistic Society." At the conclusion of this session, participants will have a greater comprehension of:

- Cultural and community pressures in the world of healthcare
- Stereotypes in healthcare
- Contexts of a pluralistic society
- Navigating one's place in fields and communities
- Strategies for self-care and self-preservation

Dr. Louis is an Associate Professor of higher education at Texas Tech University, Interim Associate Dean of the Honors College, and a recipient of the President's Excellence in Diversity & Equity Award.

Dr. Louis will broadcast from Lubbock to regional campus locations. To allow for appropriate social distancing, the rooms listed below will be limited to the first ten students. All safety protocols will be followed. Abilene: ABPH 2401 and ABSOP 1130; Amarillo: AMHSC 4714 and AMSOP 210; Dallas: DLSPSW 450; Lubbock: ACB 150; Odessa: ODSCB 150

Zoom link: [https://ttuhsc.zoom.us/j/6696890937?](https://ttuhsc.zoom.us/j/6696890937?pwd=azBiQTMwNfN3RHICbXVrSmpDdGNFdz09)

pwd=azBiQTMwNfN3RHICbXVrSmpDdGNFdz09

New Student Org: Earth Conservation Organization

We're very excited to present a brand new organization that is open to all TTUHSC students. Our full name is Earth Conservation Organization, but you can call us ECO!

To kick things off, we'd like to invite you to join us for a clean-up event **Saturday, November 14th**. We'll be cleaning up Aztlán Park Creek from 1-3pm. This is a great time to see what we're about and whether you'd like to join our group, all while helping the community at the same time! Sign-ups for the event can be found [here](#) and will close November 12th. Masks will be required.

Already convinced and want to join the team? Sign up [here](#) and we'll send you more info! And follow us on Instagram (@keepit_ecofriendly) for eco-friendly tips and tricks, as well as announcements of future events.

Send any questions to Jenna Jurecky at jenna.jurecky@ttuhsc.edu.

Zoom Workshops for EndNote

Please join us for a Zoom Workshop series that will answer some important questions about EndNote. All of the workshops start at 3:00 PM.

- Nov. 12 - Using Cite While You Write
- Nov. 1 - EndNote FAQs
- Dec. 3 - EndNote Tips and Tricks

Please contact barbara.ballew@ttuhsc for more information and how to register.



GivingTuesday for Our Legacy Now Student Foundation

We have a day for giving thanks. We have two for getting deals. Now, we have #GivingTuesday, a global day dedicated to giving back, philanthropy, and unity coordinated as an emergency response to the unprecedented need created by the COVID-19 pandemic. On Tuesday, December 1, 2020, charities, families, businesses, community centers, and students around the world come together for one common purpose: To celebrate generosity and to give. Our Legacy Now Student Foundation (OLN) is a student-led organization that provides emergency financial assistance to students who are experiencing unanticipated hardship. OLN gives Texas Tech University Health Sciences Center (TTUHSC) students a place to turn to when the unexpected happens.

The link for donating is now open and closes at the end of the day on December 1, 2020.
<https://cfwtx.salsalabs.org/givingtuesdaywtx/p/ttuhscourlegacynowstudentfoundation>

New TTUHSC Libraries' Video Tutorials

Video tutorials are a great way to learn how to use the TTUHSC Libraries' resources. The Libraries now have a new playlist of tutorials:

<https://mediaspace.ttuhsc.edu/channel/TTUHSC+Libraries/>

If you are looking for tutorials on a topic not highlighted here, please contact us at:

<https://biblio.ttuhsc.edu/libraries/forms/comments.htm>. We would be happy to create new videos for your research or classes.

UPCOMING EVENTS

Global Health Lecture Series: Understanding Disparities in Lubbock, TX

Join the Office of Global Health for their monthly lecture series. This session's topic is Understanding Disparities in Lubbock, TX and will feature Nicholas Bergfeld, MD, MPP who is a research fellow with the Rawls College of Business. Nick's lecture will discuss how disparities in society often are a product of and are reinforced by government policy.

- Wednesday, November 11th | 12:00 - 1:00 pm | Zoom:
https://ttuhsc.zoom.us/meeting/register/tJwscumoqz4rH9FeycNN4fMI-2fHnpcCO_0D

IGNITE! Allyship Is Not an Identity; It's a Practice!

TTU's Office of LGBTQIA Education & Engagement will host an IGNITE! session for the TTUHSC community on Wednesday, November 11th. Students, faculty and staff are invited to participate. This session focuses on foundational information relevant to the LGBTQIA community, with an emphasis on cultural competence, structural competence and methods for putting Allyship into practice. Participants will learn about the LGBTQIA communities and practices of Allyship. This is the primary introductory session offered within the IGNITE! Program.

- Wednesday, November 11th | 2:00 - 3:15 pm | Zoom:

OPD Webinars

During this one hour webinar, we will discuss 7 strategies to help you lead effectively and positively impact those around you.

- Wednesday, November 11th | 10:00 - 11:00 am | Zoom:
<https://ttuhsc.zoom.us/j/96630132833>

Part 2 of 4 where we examine the writing of Don Miguel Ruiz's The Four Agreements.

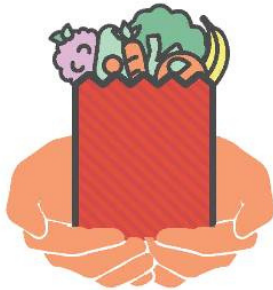
- Thursday, November 12th | 1:00 - 2:00 pm | Zoom: <https://ttuhsc.zoom.us/j/96712580471>



Feed Your Mind; Nourish Your Inner Self

Maintaining your sanity in stressful times; tips for adults, teens and children. Stephanie Moses, Ph.D speaks about current challenges to our sanity; dealing with feelings of fear, frustration, and stress. Additionally, Sarah Wakefield, MD will discuss stress in children and teens who are acting out and sick of being home. Visit laurabushinstitute.org/events to register now!

- Thursday, November 12th | 12:00 - 1:00 pm | Zoom



TEXAS TECH UNIVERSITY HEALTH SCIENCES CENTER.
HELPING HANDS FOOD PANTRY

The TTUHSC Helping Hands Food Pantry is dedicated to ensuring that no member of the TTUHSC family goes hungry. If you are in need of food or would like to donate to the pantry, visit their website at:

<https://hscweb.ttuhsc.edu/human-resources/helping-hands-food-pantry.aspx>
(Available to students, faculty, and staff on the Abilene, Dallas, Lubbock & Permian Basin campuses)

A food pantry is also available in Amarillo. For information please contact Cat Cox (cat.cox@ttuhsc.edu) or Dena Hair (dena.hair@ttuhsc.edu).

**Submit an Announcement
Request**

Connect with the Student Life Office



Student.Life@ttuhsc.edu | (806) 743-2302 | www.ttuhsc.edu/student-life