November 16th - 29th

HSC ROUNDS
Office of Student Life

Have a Safe & Happy Thanksgiving!

<table>
<thead>
<tr>
<th>Announcements</th>
<th>IN THIS ISSUE</th>
<th>Service Opportunities</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thanksgiving Resources</td>
<td>OPD Webinars</td>
<td>Family Volunteer Day</td>
</tr>
<tr>
<td>Spring 2021 AHP Enrollment/Waiver</td>
<td>QEP Educational Programming</td>
<td></td>
</tr>
<tr>
<td>SGA Endowed Phonathon Scholarship Now Open</td>
<td>SGA Give Back Night</td>
<td></td>
</tr>
<tr>
<td>TTUHSC Libraries Holiday Schedule</td>
<td>Global Perspectives Film Series</td>
<td></td>
</tr>
<tr>
<td>Online Anatomy Models</td>
<td></td>
<td></td>
</tr>
<tr>
<td>TTUHSC Food Pantries</td>
<td></td>
<td></td>
</tr>
<tr>
<td>IPE Virtual Event</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Thanksgiving Resources**

Thanksgiving Day is an annual holiday observed in the US and Canada to celebrate the harvest of the past year. The holiday continues to be a day for feasting, football, family, and most importantly, giving. We know some of you may be unable to travel this year and unable to be with friends and family, but would still appreciate a Thanksgiving meal. Below is a list of free Thanksgiving meals in your area.

**Abilene:** Salvation Army Thanksgiving Luncheon - 1726 Butternut Street

**Amarillo:** Salvation Army Community Thanksgiving Lunch 11 am-1 pm - Amarillo Civic Center 401 S. Buchanan St.

**Dallas:**
- Hero restaurant - 12-6 pm - 3090 Olive Street, Dallas, TX 75219
- Redbird Thanksgiving Food Box Giveaway - 10 am-1 pm - Redbird Mall (Register)

**Lubbock:**
- 11/21/20 11 am-1 pm - Lubbock Dream Center Turkey Day Giveaway (Register at www.lubbockdreamcenter.org/events/event/23/turkey-day-giveaway/2020-11-21)
- Salvation Army Thanksgiving Luncheon - 1111 16th Street

**Permian Basin:** Curbside Bistro 11 am - 3816 Andrews Hwy, Odessa, TX
Below we have linked to lists of restaurants that will be open for takeout or dine-in service on Thanksgiving Day around each of our campus locations.

- **Abilene**: www.yelp.com/search?find_desc=restaurants%20open%20thanksgiving&find_loc=Abilene%2C%20TX
- **Amarillo**: www.yelp.com/search?find_desc=thanksgiving+dinner+restaurant&find_loc=Amarillo%2C%20TX
- **Lubbock**: https://www.lubbockintheloop.com/thanksgiving-2020/
- **Midland**: www.midlandaf.com/blog/thanksgiving-meals-in-midland-tx
- **Odessa**: www.yelp.com/search?find_desc=restaurants%20open%20thanksgiving&find_loc=Odessa%2C%20TX

**Spring 2021 Student Health Insurance Enrollment & Waiver Open**

The enrollment and waiver systems for Academic Health Plans are now open for the Spring 2021 semester. All TTUHSC within programs that have a clinical component are required to have health insurance.

If you are needing to continue your health insurance through AHP you can now sign up for the Spring/Summer (Jan 1 - Aug 31) coverage. If you have outside health insurance, you can submit your waiver until February 5th.

- **AHP Health Insurance Enrollment**: https://ttuhsc.myahpcare.com/enrollment
- **AHP Waiver Submission**: https://ttuhsc.myahpcare.com/waiver

For specific plan or waiver requirement instructions, please call Academic Health Plans at 1-855-357-0241.

**SGA Endowed Phonathon Scholarship Now Open**

The SGA Endowed Phonathon Scholarship application is now open! All currently enrolled TTUHSC students in good academic standing are eligible to apply for this scholarship. The scholarships are awarded based on your TTUHSC involvement, community service, employment, and research. The deadline is 5 pm (CST) on December 14, 2020.

Application Link: https://app4.ttuhsc.edu/EndowedScholarship/

For any questions about the scholarship or issues with the application, please email Student.Life@ttuhsc.edu.

**TTUHSC Libraries Holiday Schedule**

The TTUHSC Libraries will be CLOSED November 26 & 27, 2020 for the Thanksgiving Holiday. Regular Monday-Friday (8AM-5PM) library hours will resume on Monday, November 30, 2020. Stay safe and have a wonderful Thanksgiving Day holiday!
Online Anatomy Models
While the TTUHSC Libraries do not have anatomy models available for check-out due to COVID, we do have online resources - AnatomyTV, Netter, & Draw It To Know It. These are available through our Databases tab on the Libraries' home page.

TTUHSC Food Pantries
The TTUHSC Helping Hands Food Pantry is dedicated to ensuring that no member of the TTUHSC family goes hungry. If you are in need of food or would like to donate to the pantry, visit their website at: https://hscweb.ttuhsce.edu/human-resources/helping-hands-food-pantry.aspx (Available to students, faculty, and staff on the Abilene, Dallas, Lubbock & Permian Basin campuses)

A food pantry is also available in Amarillo. For information please contact Cat Cox (cat.cox@ttuhsc.edu) or Dena Hair (dena.hair@ttuhsc.edu).

IPE Virtual Event -Registration Open
Registration is open for our next virtual IPE event, Through the Lens of Pop Culture: The Buzz on Communication & Teamwork. Teams of interprofessional students will explore TeamSTEPPS tools and strategies through the lens of pop culture. Teams will review some of your favorite pop culture communication and teamwork moments from TV and film. Student teams will use creative methods such as games and skits to strengthen communication and teamwork skills. Each participant will receive an IPE certificate of completion. Don’t miss this engaging and interactive IPE event!
UPCOMING EVENTS

OPD Webinars

Part 3 of 4 where we examine the writing of Don Miguel Ruiz's The Four Agreements.
• Tuesday, November 17th | 10:00 - 11:00 am | Zoom: https://ttuhsc.zoom.us/j/96999762109

Part 4 of 4 where we examine the writing of Don Miguel Ruiz's The Four Agreements.
• Wednesday, November 18th | 2:00 - 3:00 pm | Zoom: https://ttuhsc.zoom.us/j/95800233009

QEP Educational Programming

Please join the TTUHSC Quality Enhancement Plan and Diversity, Equity, and Inclusion Committee for a presentation on Wednesday, November 18, 2020 at 12:00 pm by Dr. Dave Louis, PhD entitled, "Emotional Wellness and Self-Care: Balancing ‘You’ in a Multicultural and Pluralistic Society." The presentation will be live on Zoom and limited seating will be on each campus at the following rooms: Abilene: ABPH 2401 and ABSOP 1130; Amarillo: AMHSC 4714 and AMSOP 210; Dallas: DLSPSW 450; Lubbock: ACB 150; Odessa: ODSCB 150.
• Thursday, November 18th | 12:00 - 10:00 pm | Zoom: https://ttuhsc.zoom.us/j/6696890937?pwd=azBiQTMwNFN3RHICbXVrSmpDdGNDdz09

Student Government Association Give Back Night

TTUHSC Student Government Association will be hosting a give-back night in order to raise funds for student scholarships. The event will be hosted at Capital Pizza. In order to participate, you can order delivery, Uber eats, or pick-up any time between 6-10 PM.
• Wednesday, November 17th | 6:00 - 10:00 pm | Capital Pizza (Tech Terrace - 2705 26th)

Global Perspectives Film Series: Freedom Writers

Join the Office of Global Health for their monthly film series. This session's film is Freedom Writers: Stories from the Heart. It’s 1994 and Long Beach, California is a racially divided community filled with drugs, gang warfare and homicides. Inside the classroom, Erin Gruwell encounters hostility and racial divisions between students. The struggle and strife on the streets has carried into the school halls. Follow a teacher’s journey to change the lives of her students.
• Thursday, November 19th | 12:00 - 1:00 pm | Zoom: https://ttuhsc.zoom.us/meeting/register/tJywce6sqjLuGtP_YpIdi7pVvMVvS2L0RZu-
Family Volunteer Day - November 21

Family Volunteer Day is a National Day of Service on Saturday, November 21st. This is a great opportunity for people of all ages to volunteer in their local communities. Below are some examples of opportunities specific to Lubbock, but they are great ideas for any community.

- Decorate Cards & Brown Bags - Lubbock Meals on Wheels (Register)
- Donate Snacks for COVID Patients and Staff - UMC Health System (Register)
- Red Kettle Campaign, Salvation Army (Register)
- Volunteer at South Plains Food Bank (Register)
- Beautification Day at Lubbock Memorial Arboretum (Register)
- Stuff Weekend Snack Bags for Kids - South Plains Food2Kids (Register)

For more opportunities visit the Volunteer Center of Lubbock website https://volunteerlubbock.org/.