

April 26–May 2

# HSC ROUNDS

## Office of Student Life

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### Grant Opportunity

Well Beyond, the TTUHSC QEP, has grant funds available for any faculty, staff, or student organization who wants to create and conduct a project or program to enhance the emotional well-being of TTUHSC students. Up to \$1,000 per grant is available. The grant application can be accessed at [https://tthsclubbock.col.qualtrics.com/jfe/form/SV\\_ehueW2P8BtVklBr](https://tthsclubbock.col.qualtrics.com/jfe/form/SV_ehueW2P8BtVklBr). July 15 is the deadline for submitting a grant application for the Fall 2021 semester. For more information regarding this opportunity, please check out the grant application and/or contact Dr. Alan Korinek, QEP Co-Director (806-743-6175; [alan.korinek@ttuhsc.edu](mailto:alan.korinek@ttuhsc.edu)).

### Need a Quiet Place to Study?

In an effort to provide a safe environment, group study rooms are not available but individual quiet study areas are. To reserve an individual study room in Lubbock, please use our online form: <https://biblio.ttuhsc.edu/booked/Web/>. All rooms must be reserved at least 30 minutes in advance so that the rooms can be cleaned. The TTUHSC Libraries in Amarillo, Odessa, and Lubbock are currently open:

- Monday-Thursday 7:30AM-9:00PM
- Friday 7:30AM-5:00PM
- Saturday 10:00AM-5:00PM
- Sunday Noon-5:00PM

## RefWorks and EndNote

The TTUHSC Libraries have subscriptions to two citation managers, EndNote and RefWorks. Both resources allow you to collect, manage and organize research papers. You can then use those citations to automatically generate footnotes and bibliographies formatted to whatever citation style you choose. For more information: <https://ttuhsc.libguides.com/bibliographic>.



## Self-Help Group - TAO

April is Alcohol Awareness Month and the TTUHSC Counseling Center has created an anonymous self-help group for alcohol awareness which is now available thru TAO (Therapy Assistance Online). To sign up you can use the steps listed below.

### Need a TAO Account?:

- Sign up at <https://us.taoconnect.org/learner/invite/118/%23alcohol> > Enter your First Name, Last Name, and TTUHSC email address > Click Sign Me Up!

### Already have a TAO Account?

- Login at [US.TAOconnect.org](https://us.taoconnect.org) > Click on the Profile symbol in the top right corner > Click on My Profile and enter Enrollment Key **#alcohol** > Click Submit > Go back to the Dashboard to view modules in your To-Do list.

TAO includes over 150 brief, effective, educational sessions covering over 50 common topics and skills related to mental health, wellness, and substance use issues. TAO is free to all TTUHSC students, faculty, and staff. For more information on TAO please visit <https://www.ttuhsc.edu/centers-institutes/counseling/tao.aspx>.

## SNAP Benefit Extension

The federal Supplemental Nutrition Assistance Program (SNAP) was expanded as part of the federal coronavirus relief package to allow college students to more easily access the program, temporarily removing work and eligibility requirements for students. This temporary extension runs through 30 days after the public health emergency due to the coronavirus is lifted.

Now students enrolled at least half-time with a \$0 estimated family contribution (EFC) or state or federal work-study eligibility can be considered (along with other qualifying requirements) for SNAP benefits.

SNAP benefits are intended to assist students who, through completing the Free Application for Federal Student Aid (FAFSA) and meeting other qualifying criteria, show that they could find themselves with food insecurity.

Please visit USDA Food and Nutrition Service SNAP Students website for more information.

# UPCOMING EVENTS

## **TTUHSC Blood Drive**

TTUHSC is sponsoring the first American Red Cross Blood Drive in Lubbock, TX. Sign-up today to be a hero to patients in need! <https://www.redcrossblood.org/give.html/drive-results?order=DATE&range=10&zipSponsor=TTUHSC> or using the ARC Blood Donor App (Sponsor Code: TTUHSC)

- Monday, April 26th | 8:30 am - 3:30 pm | Academic Event Center

## **Office of People and Values Webinar**

Join the Office of People and Values for their webinars which focus on a variety of topics.

Regardless of the circumstances, you always have choices (represented by chairs) in how you react. Join us for this one hour webinar as we discuss the 5 chair method for learning to respond in a more productive way by "changing chairs."

- Tuesday, April 27th | 10 - 11 am | Zoom: <https://ttuhsc.zoom.us/j/97387526969>

ulture of Empowerment strives to encourage everyone to become their best self.

- Thursday, April 29th | 10 - 11 am | Zoom: <https://ttuhsc.zoom.us/j/96368296835>

## **Global Health Lecture Series**

The TTUHSC Office of Global Health (OGH) invites you to attend a monthly lecture series on issues related to global health and building healthy communities. This month's topic is "Disparities in Access to Treatment for Substance Use Disorders in Lubbock, TX" featuring MD PhD Candidate Josh Willms. Josh is a TTUHSC Medical Student, he is developing novel drugs that modulate the neuroimmune system for the treatment of alcohol use disorder in the lab of Dr. Susan Bergeson. Josh will be discussing Substance use disorders and their treatments.

- Wednesday, April 28th | 12 - 1 pm | Zoom:  
<https://ttuhsc.zoom.us/meeting/register/tJUIdeysqTgvEtZbQ1x2rXfpA68lf73cPIWY>

## **Covenant Children's 8th Annual Child Abuse Conference**

Covenant Children's will be hosting the 8th Annual Child Abuse Conference virtually this year on Friday, April 30th. Guest speakers will include Dr. Patti Patterson, TTUHSC Pediatrics; K. Sunshine Stanek, Lubbock County Criminal District Attorney; Dr. George Comiskey, TTU Addictive Diseases and Recovery Studies, and Detective Sadie Stevens of the Lubbock Police Department.

- Friday, April 30th | 8:30 am - 4:15 pm | Virtual

## Culture In Series

Culture In... is a new offering which will focus on bringing cultural education to the TTUHSC community in the form of microlearning events. Join international artist Ganzeer and art historian Candace Smith in a conversation about art over a cup of coffee. Covering topics from contemporary art to revolution, we will dive into the world of cultural production that centers on Arab experiences. While Art History and the Middle East can feel like intimidating topics, come experience both through the hospitality of Arab Coffee Culture.

- Friday, April 30th | 12 - 1 pm | Zoom:  
<https://ttuhsc.zoom.us/join/register/tJwudO2tqz8oGNJ29xP1MlysRVJQY2uEsi8M>

# STUDENT ORGS

## Update Officers & Roster in HSC Net

As student organizations begin holding elections for new officers, please make sure to update your roster and give your new officers access to your organization's page in HSC Net. This helps to ensure important announcements get to the right students and gives new officers access to documents and finance information they need to lead the organization.

For any questions regarding HSC Net, please contact Student Life at [Student.Life@ttuhsc.edu](mailto:Student.Life@ttuhsc.edu) or 806-743-2302.

## Student Organization Spending Reminder - Lubbock

If your organization is wanting to make a purchase with your Senate funds, you **MUST** contact our office first. Please use the Spending Request Form in HSC Net to submit the request. Once submitted, we will contact you with any questions and let you know the process for how the purchase must be completed.

- Spending Request Form – Lubbock:  
<https://ttuhsc.campuslabs.com/engage/submitter/form/start/457918>

As a reminder, our office DOES NOT provide

- personal reimbursements for student organization expenses.

## Connect with the Student Life Office

