

June 14 – 30

HSC ROUNDS

Office of Student Life

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Student Health Insurance - Fall 2021 Enrollment/Waiver Process

The Office of Student Life would like to make sure you know how to meet the requirement of the HSC OP 77.19 regarding the Mandatory Student Health Insurance. The steps to meet the requirement for the Fall 2021 semester and beyond are detailed on our website - <https://www.ttuhsc.edu/student-life/health-insurance.aspx>. You may watch our video at <https://tinyurl.com/jhv2vkb3> to better understand the steps.

The institutional sponsored student health insurance plan will be charged to students' fall tuition and fee bills beginning this month. All students except those enrolled in a 100% distance program will be charged. If you do not have your own health insurance, you will just need to pay your tuition and fee bill and the health coverage will begin August 1 or September 1, depending on when your program begins the fall semester and if you are a new or returning student.

If you have alternative health insurance coverage (e.g., coverage by parent, guardian, spouse, or employer) that is Affordable Care Act (ACA) compliant, you will have the option to submit a request to waive the student health insurance plan. The Fall waiver system is now open at <https://ttuhsc.myahpcare.com/waiver>.

For more information on the institutional sponsored plan, please visit <https://ttuhsc.myahpcare.com/>. Please contact our office at Student.Life@ttuhsc.edu or 806-743-2302 for any questions.

Deadline Approaching for QEP Grant Opportunity

Well Beyond, the TTUHSC QEP, has grant funds available for any faculty, staff, or student organization who wants to create and conduct a project or program to enhance the emotional well-being of TTUHSC students. Up to \$1,000 per grant is available. July 15 is the deadline for TTUHSC faculty, staff, and student organizations to apply for a QEP grant to promote students' well-being during the Fall 2021 semester. A second opportunity to apply for QEP grant funding will come this fall for the Spring 2022 semester. An announcement concerning that opportunity will be made in September and the deadline for applications will be November 15, 2021.

The grant application can be accessed at <https://tinyurl.com/m45cu8rp>. For more information regarding this opportunity, please check out the grant application and/or contact Dr. Alan Korinek, QEP Co-Director (806-743-6175; alan.korinek@ttuhsc.edu).

New Student Organization Opportunity

TTUHSC Physical Therapy student Jennie Deignan is partnering with Sara Henly, Director of the Veterans Resource Center, to create a student organization centered around military, veteran, and federal healthcare. They are looking for both veterans and any students interested in working with military and veterans across the healthcare spectrum.

If you are interested in participating in this student organization please fill out their form at <https://tinyurl.com/dzcmhf8>. You can also contact Jennie at jennie.deignan@ttuhsc.edu.

Changes to My NCBI Accounts

If you are using My NCBI for PubMed searches, auto alerts, or to access My Bibliography, you will no longer be able to use NCBI-managed credentials to login to NCBI. If you currently use a federated account such as Google, ORCID, or Facebook to access your NCBI account, you don't have to do anything. Just be aware that if you normally access your account with a NCBI-managed username and password that way of logging is no longer available. For more information, please contact a Reference Librarian at <https://ttuhsc.libanswers.com/ask>.

IPE Summer Escape Room Challenge - Lubbock Campus

The Office of Interprofessional Education is hosting a fun and engaging Escape Room this summer for Lubbock campus students. This beginner escape room is an adventurous way for new students to meet others across our various healthcare professions, improve interprofessional teamwork and communication, and collaborate together to solve puzzles that will ultimately lead to a discharge plan in a simulated patient case.

Remaining dates for the escape room are July 16th and August 20th and 27th. [IPE Summer Escape registration](https://bit.ly/IPE-EscapeRoom) is open at <https://bit.ly/IPE-EscapeRoom>. For more information, or if you have questions, please contact the Office of Interprofessional Education at ipe@ttuhsc.edu or call us at (806)743-2028.

Bike Racks at the Preston Smith Library

Two bike racks have been installed on the eastern side of the library building in between the library's front entrance and Pod D.

Registration Now Open - Shatter the Stigma

Registration is now open for **Shatter the Stigma: An Interprofessional Simulation with Standardized Patients**. The registered IPE event will be held on Friday, July 23, 2021, from 9:00 am - 12:30 pm and is open to all students, faculty, and staff. Registration for the event will be open through July 16, 2021.

Substance use disorders are associated with discrimination and social disapproval - more so than any other medical condition. Many patients with Opioid Use Disorder (OUD), have a high likelihood of readmission, with the root cause of their healthcare needs unmet. Left untreated, thousands of deaths occur every year, impacting the lives of those around them as well.

Join Lucas Hill, PharmD, BCPS, BCACP, in a keynote that addresses the importance of meeting patients where they are in an effort to reduce the harm of stigmas in healthcare today. Following the keynote, Zach Sneed, PhD, LCDR, CRC will discuss patient interviewing strategies to destigmatizing substance use disorders.

Interested participants can register through Eventbrite at:
<https://ttuhsc-shatter-the-stigma.eventbrite.com>



Save the Date - 2021 IPE Fall Symposium

Save the Date for the 2021 IPE Fall Symposium held on November 5, 2021. The 2021 symposium will be offered in an online format for all students, faculty, and across TTUHSC. Registration will open for the event on September 1, 2021.

This year's symposium is titled: Difference Matters: Valuing Diversity, Equity, and Inclusion in Interprofessional Teamwork. Oluwaferanmi Okanlami, MD, will kick off the IPE Fall Symposium with his keynote addressing the importance of identity and inclusion of all people of color and the disproportional impact and health inequalities faced by our patients. Dr. Okanlami's Ted X video can be viewed at <https://tinyurl.com/23u92kfa>.

For more information on the symposium, please contact the Office of Interprofessional Education at (806) 743-2028, email us atipe@ttuhsc.edu, or visit our website www.ttuhsc.edu/interprofessional-education.

UPCOMING EVENTS

Office of People & Values Webinars

When we sit in the Wait chair, we choose NOT to react. NOT to speak. We manage ourselves. During this one hour webinar we will learn how to guide ourselves to the right action by cultivating skills to manage life's daily irritations.

- Tuesday, June 15th | 10 -11 am | Zoom: <https://ttuhsc.zoom.us/j/94174740659>

In the Detect chair, we develop self-awareness and practice self-management. During this one hour webinar we will discover how to better express our emotions and communicate our needs while respecting the needs of others.

- Thursday, June 24th | 10 - 11 am | Zoom: <https://ttuhsc.zoom.us/j/96927908540>

Reddy Journal Club

Join us for the monthly Reddy Journal Club on June 18th. The topic will be "Neurovascular coupling and oxygenation are decreased in hippocampus compared to neocortex because of microvascular differences."

- Friday, June 18th | 10 - 11 am | Zoom:L <https://ttuhsc.zoom.us/j/97512007040> passcode 858750

Resiliency in Interprofessional Teamwork

Healthcare is a high-stress and high-intensity profession where change is constant. With today's global uncertainty, resiliency, grit, and an understanding of emotional wellness are critical not only for individual success but team success as well.

Join Jacquelyn Fletcher Johnson, motivational speaker, award-winning author, and founder of the Heartwood Self-Mastery Programs and The Heartwood Sanctuary, as she shares insight on ways to adapt in times of difficulty and build resiliency through creative approaches to self and team care.

- Wednesday, June 23rd | 2 - 5 pm | Zoom

Connect with the Student Life Office

