



# September 13 - 19

# HSC ROUNDS

## Office of Student Life

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### Find Your Zone: Build Resilience, Restore Balance, & Refill Your Tank

Students within health profession programs experience high physical, cognitive, and psychological demands, leading to occupational imbalance, which impacts their overall emotional health and well-being. This series of Fall events provides TTUHSC students with specifically designed creative and leisure activities that facilitate a health-enhancing flow experiences and ultimately restore occupational balance once routinized over time. This first event, on September 23rd, will focus on mindful hand-lettering. All experience levels are welcome.

Limited to the first 20 students. Please RSVP for this event by emailing [Laurie.Stelter@ttushc.edu](mailto:Laurie.Stelter@ttushc.edu) with your name and associated program and campus.

### Young Adult Pandemic Aid (PanAid)

Young Adult Pandemic Aid (PanAid) is a funding opportunity for young adults that have aged out of foster care or youth in extended care who experienced financial hardship during the COVID-19 Pandemic. This opportunity is specifically applicable for older youth and young adults ages 18 up to their 27th birthday and is designed to help them afford immediate and basic needs such as rent, groceries, cell phone bills, and more. We are in the final stages to connect eligible young adults ages 18-26 to funding available NOW. Nearly 9,000 young adults are eligible for pandemic relief funding up to \$1,000, -- but only for a short time! The window to apply closes September 15. Learn more at <https://bit.ly/3iAQoLL>.

## **Library Connections**

There is a lot going on at the TTUHSC Libraries. Get the latest news on library events, library workshops, and new resources and services by visiting us at <https://ttuhsc.libguides.com/blog> and sign up to receive our quarterly newsletter by email.

## **Interlibrary Loan (ILL) Requests**

The TTUHSC Libraries has a new interlibrary loan (ILL) system for requesting items that are not available through the library. Students will be able to place, renew, and check on the status of their ILL requests. First time users will need to create an ILL account by logging in with their HSC eRaider. Be sure to select your affiliated school. All ILLs for students are free.

## **Registration Open for IPE Fall Symposium**

Registration is now open for the 2021 IPE Fall Symposium that will be held on November 5, 2021. The 2021 symposium will be offered in an online format for all students, faculty, and staff across all TTUHSC campuses. The IPE Fall Symposium is an annual event hosted by the Office of Interprofessional Education that provides an opportunity to learn about, from, and with one another to enable effective communication, collaboration, and teamwork to improve health outcomes.

This year's symposium is titled: Difference Matters: Valuing Diversity, Equity, and Inclusion in Interprofessional Teamwork. Oluwaferanmi Okanlami, MD, will kick off the IPE Fall Symposium with his keynote addressing the importance of identity and inclusion of all people of color and the disproportional impact and health inequalities faced by our patients. Dr. Okanlami's Ted X video can be viewed at <https://tinyurl.com/23u92kfa>.

Following the keynote address, participants will have an opportunity to unpack their thoughts around diversity in healthcare in moderated table forum discussions. A panel discussion will follow for participants to share their thoughts, ideas, and key takeaways from the morning session. The afternoon session will consist of a case study activity where teams of interprofessional students will work together in identifying methods to improve communication and collaboration in health care delivery.

Faculty and students interested in serving in a leadership role for the event are encouraged to contact the Office of Interprofessional Education. Approximately 150 students are needed to serve as student peer facilitators for small group discussion and ~75 faculty are needed to help monitor student groups. For more information about facilitating or monitoring a student group, please contact the IPE Office.

Registration for the event can be accessed at:

<https://app4.ttuhsc.edu/InterprofessionalEvents/secure/user/Events.aspx>

For more information on the symposium, please contact the Office of Interprofessional Education at (806) 743-2028, email us at [ipe@ttuhsc.edu](mailto:ipe@ttuhsc.edu), or visit our website [www.ttuhsc.edu/interprofessional-education](http://www.ttuhsc.edu/interprofessional-education).

## Children's Book Drive

September is National Literacy Month and Wednesday, September 8th marks the celebration of International Literacy Day. This worldwide event's goal is to draw attention to the importance of literacy and build a more literate and healthy society. Each September, the Office of Interprofessional Education hosts an annual book drive to benefit TTUHSC programs and clinics for children, including the Interprofessional Toy Fair & Expo.

A book is a gift that a child can open again and again. Please donate to this important project and give a West Texas child the gift of literacy. Monetary and book donations are welcome - <https://tinyurl.com/avw9kx53>.

### Drop off Locations:

- Abilene: Public Health 2100
- Amarillo: SOM/SHP 4708, SOP 114
- Dallas SW: 400
- Lubbock: Library (Elevator), Outside Synergistic Center, UC 235
- Midland: Faculty Hall Reception Area
- Odessa: Library, ACB 2nd Floor

# UPCOMING EVENTS

## Red Raider Days

The Office of Student Life will be hosting Red Raider Days on each of the TTUHSC campuses. There will be free food, t-shirts, and giveaways with participation in the event! Download the CORQ Campus Labs app and create your event pass. Resource information will be provided virtually to online students. See below when we will be on your campus.

- Dallas: Monday, September 13th | 4:30 - 6:00 pm | Room 450 (SW campus)
- Abilene: Tuesday, September 14th | 11:30 am - 1:00 pm | Between SOP & SON Buildings
- Odessa: Thursday, September 16th | 11:30 am - 1:00 pm | Community Center in ACB
- Midland: Thursday, September 16th | 3:30 - 5 pm | Room B55

## Coffee & Conversations: Afghanistan

Join the TTUHSC Veterans Resource Center and the TTU Military and Veterans Program for a series of conversations on the evolving situation in Afghanistan and how it may affect veterans of all eras and their families. Feel free to bring your lunch; coffee and bottled water will be available. This event will occur each Tuesday through the end of September.

- Tuesday, September 14th | 12:00 - 1:00 pm | TTU Museum - Memorial Room or join via Zoom: <https://ttuhsc.zoom.us/j/99139314392>

## 2021 Pennal Lecture

We invite you to join Texas Tech Physicians Psychiatry, Northwest Texas Healthcare System Behavioral Health and Texas Panhandle Centers for the 2021 Pennal Lecture featuring Bassey Ikpi, author of "I'm Telling the Truth but I'm Lying." This deeply personal collection of essays explores Nigerian-American author Bassey Ikpi's experiences navigating Bipolar II and anxiety throughout the course of her life.

To register, visit <https://bit.ly/3gqVit6>.

- Tuesday, September 14th | 11 am - 1:30 pm | Amarillo Civic Center - Grand Plaza

## Global Health Lecture Series

The TTUHSC Office of Global Health (OGH) invites you to attend a monthly lecture series on issues related to global health and building healthy communities. This month's lecture will focus on Vaccine hesitancy and science denialism in social media, martial arts and fitness subcultures, featuring guest speaker Stephan Kesting, MSc and Jeff Dennis, PhD.

- Wednesday, September 15th | 12 - 1 pm | Zoom:  
[https://ttuhsc.zoom.us/webinar/register/5416305262689/WN\\_jhZ4wgcgRQdur-mn\\_3g12Hg](https://ttuhsc.zoom.us/webinar/register/5416305262689/WN_jhZ4wgcgRQdur-mn_3g12Hg)

## OPV Webinars

The Office of People and Values is offering webinars designed to provide you the knowledge you need for your own personal growth.

"If you fill your days with pity, sorrowful for the way you have been treated, bemoaning your lot in life, blaming your circumstances on someone or something else, then life will be long and hard."

- Thursday, September 16th | 10 - 11 am | Zoom: <https://ttuhsc.zoom.us/j/99228587098>

## Culture In... Series: Music & Life

Culture In...will focus on bringing cultural education to the TTUHSC community in the form of microlearning events. Join the Office of Global Health and Dr. Lauryn Salazar as we discuss the traditions and cultural importance of Mexican Independence day.

- Thursday, September 16th | 12 - 1 pm | Zoom:  
[https://ttuhsc.zoom.us/webinar/register/4716310235430/WN\\_4xhUelCLSsOMNc5OJx5cqW](https://ttuhsc.zoom.us/webinar/register/4716310235430/WN_4xhUelCLSsOMNc5OJx5cqW)

## Do No Harm: An Interprofessional Patient Safety Event

Do No Harm: An Interprofessional Patient Safety Event, The virtual event, hosted by the Office of Interprofessional Education, will be held on September 17, 2021, coinciding with World Patient Safety Day. For more information, contact the Office of Interprofessional Education at [ipe@ttuhsc.edu](mailto:ipe@ttuhsc.edu), or call (806) 743-2028

- Friday, September 17th | 1:30 - 4:00 pm

## JCPenney Suit Up Event

The TTU Career Center is partnering with JCPenney to bring the JCP Suit-Up event to all students, staff, and faculty at TTU and TTUHSC. This year, deals are available both in-person and online. Save up to 60% on select careerwear, scrubs, shoes and accessories (scrubs available online only).

For entry to the event and to receive your suit up coupon, please show your TTUHSC ID.

- 30% off Suit-Up coupon available at the event, or by texting RAIDER to 67292, for savings up to 60% off select careerwear, shoes, and accessories.
- Get professional headshots starting at just \$29.99. Schedule your session at [jcportraits.com](http://jcportraits.com).
- Get 20% off your service with a designer or senior designer at the salon.

Not in Lubbock or prefer to shop online, check out the Suit Up page at [www.jcpenney.com/m/suit-up](http://www.jcpenney.com/m/suit-up). Text RAIDER to 67292 to get your coupon. For questions, please contact Toni Krebbs at [toni.d.krebbs@ttu.edu](mailto:toni.d.krebbs@ttu.edu).

- Sunday, September 19th | 6 - 9 pm| JCPenney Store at South Plains Mall (Lubbock)

# STUDENT ORGS

## Student Organization Trainings

The Office of Student Life is hosting training for student organization officers. These meetings will cover the policies and procedures for student organizations, as well as important updates on deadlines for spending and annual re-registration. Please visit HSC Net (<https://ttuhsc.campuslabs.com/engage>) and login with your eRaider to RSVP for a training. We require at least the President and Treasurer to attend a training; Advisors are also welcome to attend as well.

- Wednesday, September 15th at Noon

## Connect with the Student Life Office



[Student.Life@ttuhsc.edu](mailto:Student.Life@ttuhsc.edu) | (806) 743-2302 | [www.ttuhsc.edu/student-life](http://www.ttuhsc.edu/student-life)