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Find Your Zone: Build Resilience, Restore Balance, & Refill Your Tank - Event 2

Students within health profession programs experience high physical, cognitive, and psychological demands, leading to occupational imbalance, which impacts their overall emotional health and well-being. This series of Fall events provides TTUHSC students with specifically designed creative and leisure activities that facilitate a health-enhancing flow experiences and ultimately restore occupational balance once routinized over time. This second event, on October 20th, will focus on dot painting mandalas. All experience levels are welcome.

Limited to the first 20 students. Please RSVP for this event by emailing Laurie.Stelter@ttushc.edu with your name and associated program and campus.

Poster Printing at the Harrington Library

A large format printer is available on the first floor of the Harrington Library in Amarillo for TTUHSC faculty, staff, and student use. We offer walk-in self-service Monday - Thursday 8:00am – 8:00pm and Friday 8:00am – 5:00pm. The maximum printable width is 36 inches. Prints are limited to 60 inches in length. The price is $40.00 per poster, payable through the Libraries' online payment system.
3D Printing at the TTUHSC Libraries

If you are looking for an innovative way to study, conduct research, or enhance patient care, contact our 3D printing labs in Lubbock and Odessa. Our librarians can help you create and design your own 3D prints. https://ttuhsc.libguides.com/c.php?g=445439&p=3038234

Registration Open for IPE Fall Symposium

Registration is open for the 2021 IPE Fall Symposium that will be held on November 5, 2021. The 2021 symposium will be offered in an online format for all students, faculty, and staff across all TTUHSC campuses. This year’s symposium is titled: Difference Matters: Valuing Diversity, Equity, and Inclusion in Interprofessional Teamwork. Oluwaferanmi Okanlami, MD, will kick off the IPE Fall Symposium with his keynote addressing the importance of identity and inclusion of all people of color and the disproportional impact and health inequalities faced by our patients.

Following the keynote address, participants will have an opportunity to unpack their thoughts around diversity in healthcare in moderated table forum discussions. The afternoon session will consist of a case study activity where teams of interprofessional students will work together in identifying methods to improve communication and collaboration in health care delivery.

Students interested in serving in a leadership role for the event are encouraged to contact the Office of Interprofessional Education. Approximately 150 students are needed to serve as student peer facilitators for small group discussion. For more information about facilitating or monitoring a student group, please contact the IPE Office.

Registration for the event can be accessed at: https://app4.ttuhsc.edu/InterprofessionalEvents/secure/user/Events.aspx. For more information on the symposium, please contact the Office of Interprofessional Education at (806) 743-2028, email us at ipe@ttuhsc.edu, or visit our website www.ttuhsc.edu/interprofessional-education.

Children’s Book Drive

September is National Literacy Month and Wednesday, September 8th marks the celebration of International Literacy Day. This worldwide event’s goal is to draw attention to the importance of literacy and build a more literate and healthy society. Each September, the Office of Interprofessional Education hosts an annual book drive to benefit TTUHSC programs and clinics for children, including the Interprofessional Toy Fair & Expo.

A book is a gift that a child can open again and again. Please donate to this important project and give a West Texas child the gift of literacy. Monetary and book donations are welcome - https://tinyurl.com/avw9kx53.

Drop off Locations:
- Abilene: Public Health 2100
- Amarillo: SOM/SHP 4708, SOP 114
- Dallas SW: 400
- Lubbock: Library (Elevator), Outside Synergistic Center, and UC 235
- Midland: Faculty Hall Reception Area
- Odessa: Library, ACB 2nd Floor
OPV Webinars

The Office of People and Values is offering webinars designed to provide you the knowledge you need for your own personal growth. In this webinar, we will explore each of the 5 Languages of Appreciation.

- **Tuesday, September 28th | 10 - 11 am | Zoom:** https://ttuhsc.zoom.us/j/92536665688

To practice the process of conflict resolution, we must completely abandon the goal of getting people to do what we want.

- **Thursday, September 30th | 10 - 11 am | Zoom:** https://ttuhsc.zoom.us/j/92660859326

Coffee & Conversations: Afghanistan

Join the TTUHSC Veterans Resource Center and the TTU Military and Veterans Program for a series of conversations on the evolving situation in Afghanistan and how it may affect veterans of all eras and their families. Feel free to bring your lunch; coffee and bottled water will be available. This event will occur each Tuesday through the end of September.

- **Tuesday, September 28th | 12-1 pm | TTU Museum - Memorial Room or join via Zoom:** https://ttuhsc.zoom.us/j/99139314392

Alzheimer's Disease Research Seminar

Join the monthly Alzheimer's Disease Research Seminar as they discuss articles with various speakers. This month's article will be "Vitamin A Deficiency in Alzheimer's Disease: Inspiration from the Human and Mouse Transcriptome" featuring J. Josh Lawrence, Ph.D., Associate Professor in the Department of Pharmacology and Neuroscience.

- **Tuesday, September 28th | 12 - 1 pm | ACB 230 or Zoom:** https://ttuhsc.zoom.us/j/8624844206?pwd=WHAzNU80MjFMakttZFNBM3ZRQUk4QT09

A Seat at the Table: A Conversation on Diverse Experiences in Medicine

The TTUHSC Chapter of SNMA and the Medicine Office of Admissions is hosting an open dialogue with medical students and residents on diversity in medicine, barriers, and possible changes in the future of medicine.

- **Thursday, September 30th | 6:00 - 7:30 pm | Zoom:** https://ttuhsc.zoom.us/meeting/register/tJUpe-qqTosHdM-BGxsWKY9-VBWOjLH5wMO
**4th Annual Update in Heart Failure Management**

The 4th Annual Update in Heart Failure Management will be held virtually on Saturday, October 2nd. This event is jointly provided by TTUHSC Office of Continuing Education, TTU Physicians Center for Cardiovascular Health, UMC Heart Center, and Amarillo College Continuing Healthcare Education.

Visit https://www.ttuhsc.edu/medicine/continuing-medical-education/ to register and for more information.

- Saturday, October 2nd | 7:15 am - 5:00 pm | Virtual

**Student Organization Resources**

The Office of Student Life hosted trainings for student organizations to cover policies and procedures for the use of Senate funds. You can view this training, as well as other resources, including the Funding Regulations Handbook on the Student Life website at the following link: https://www.ttuhsc.edu/student-life/student-organizations.aspx.

For any questions regarding student organizations, please let us know at Student.Life@ttuhsc.edu or 806-743-2302.