

October 18 - 24

HSC ROUNDS

Office of Student Life

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Vice President for Diversity, Equity & Inclusion Candidate Townhall

We are excited to announce Dr. Carl Wells as one of the final candidates for the Vice President of Diversity, Equity, and Inclusion. This position will cultivate a learning and working environment that encourages and supports diversity, equity, and inclusion throughout the TTUHSC community in alignment with our values-based culture.

Dr. Wells has worked for the University of South Carolina for over twenty years, where he has served in numerous roles supporting diversity, equity, and inclusion through education and various other programs. As part of his onsite interview, Dr. Wells will host a townhall on Thursday, October 28th from 12:30 - 1:30 pm. Remote viewing will be available at [https://ttuhsc.zoom.us/j/3202972654?.](https://ttuhsc.zoom.us/j/3202972654?)

Grant Funds Available for Promoting Student Wellness

Well Beyond, the TTUHSC QEP, has grant funds available for faculty, staff, or students who want to create a project or program to enhance the emotional wellness of TTUHSC students. Up to \$1,000 per grant is available. The grant application can be accessed at <https://bit.ly/2XTVB9E>. November 15 is the deadline for submitting a grant application for the Spring 2022 semester. For more information regarding this opportunity, please check out the grant application and/or contact Dr. Alan Korinek, QEP Co-Director (806-743-6175; alan.korinek@ttuhsc.edu).

Halloween Happenings at the Library

The TTUHSC Libraries in Odessa and Amarillo have two fun events to celebrate the fall, so please stop by...

- Odessa's TTUHSC Library for the "Find the Bones" contest – participants count the number of hidden bones and turn in an entry. The winner gets a Starbucks gift card!
- Amarillo's Harrington Library for treats (free candy!), tricks (selfie station), and sign up for a Halloween giveaway to win prizes!

Uncover the Treasures of the Libraries' Rare Book Room

If you are interested in touring the TTUHSC Libraries' Rare Book Room and Special Collections in Lubbock, please schedule an appointment with our new Special Collections and Reference Librarian, Katherine Stapes. Items in the Special Collections include paintings and artifacts related to the history of medicine. To schedule an appointment, please email Katherine at kstapes@ttuhsc.edu.

Read Out Loud Functionality

Did you know that Adobe Acrobat offers a free built in read out loud feature, which will do the work of reading your PDFs to you while you're on-the-go tackling other tasks?* Almost all newer PDFs can be read out loud by Acrobat, so long as they have been properly formatted as text-based documents beforehand.

Most PDFs that are downloaded from the library or a research database will have already been formatted to allow for text-to-speech functionality. Occasionally, however, a PDF may contain only a scanned image of text, instead of actual, readable text. In that case, a text-to-speech application cannot read the document since the program only sees an image, not actual text for reading. Luckily, Acrobat has a work around for that type of situation.

When an image based PDF file is first opened in Acrobat, a pop-up window will appear asking users if they would like to run a scan that will convert scanned text images to readable text. Selecting yes will convert the file to text so that Acrobat can read it out loud via its text-to-speech function.

One of the obvious limitations of Adobe Acrobat is that it only opens and reads PDF files, so if you wanted to hear your Word essay read out loud to you before turning it in, you will have to use another text-to-speech application. Fortunately, there are many other applications on the market that will read PDFs, Word, and other types of text-based documents to users.

ezPDF Reader Pro, for example, is a great application for either Windows and Mac mobile platforms. For approximately \$4 on Google Play, it comes packed with features that will make students' reading workloads a lot easier to manage.

* View > Read Out Loud > Activate Read Out Loud > View > Read Out Loud > Read To End of Document

In Case You Missed Us - Resources for Students

If you were unable to attend the Red Raider Days events in September, we've compiled a list of departments that attended the resource fairs. The list includes institutional and campus specific resources that we hope you'll utilize. These resources are available to all students.

Resources for Students: <https://bit.ly/39WCGxA>

If you have any questions please reach out to Student.Life@ttuhsc.edu.

Facilitators Needed for IPE Fall Symposium

The 2021 IPE Fall Symposium will be offered on November 5th in an online format for all students, faculty, and staff across all TTUHSC campuses. This year's symposium is titled: Difference Matters: Valuing Diversity, Equity, and Inclusion in Interprofessional Teamwork. Oluwaferanmi Okanlami, MD, will kick off the IPE Fall Symposium with his keynote addressing the importance of identity and inclusion of all people of color and the disproportional impact and health inequalities faced by our patients.

Students interested in serving in a leadership role for the event are encouraged to contact the Office of Interprofessional Education. Approximately 150 students are needed to serve as student peer facilitators for small group discussion. For more information about facilitating or monitoring a student group, please contact the IPE Office.

For more information on the symposium, please contact the Office of Interprofessional Education at (806) 743-2028, email us at ipe@ttuhsc.edu, or visit our website www.ttuhsc.edu/interprofessional-education.

UPCOMING EVENTS

OPV Webinars

The Office of People and Values is offering webinars designed to provide you the knowledge you need for your own personal growth. In this webinar, we will explore how to minimize the effects of disruptions on your team.

- Tuesday, October 19th | 10 - 11 am | Zoom: <https://ttuhsc.zoom.us/j/96652070546>

During this one hour webinar, we will discover ways to harmonize rational thought with deep emotions – balancing brain with heart.

- Thursday, October 21st | 10 - 11 am | Zoom: <https://ttuhsc.zoom.us/j/91778561035>

Global Health Lecture Series

Join the Office of Global Health for their monthly lecture series on issues related to global health and building healthy communities. This month's topic is "Knowledge X Identity: The Confluence of Knowledge and Identity" featuring Asheley Landrum, Ph.D. The "deficit model of communication"—that people would agree with scientific consensus if they simply understood the facts—has been debunked by both research and practice. People reason about information through filters composed of their prior knowledge and cultural values. In doing so, they engage in motivated reasoning, sometimes rejecting evidence and arguments that conflict with their existing worldviews.

- Wednesday, October 20th | 12 - 1 pm | Zoom:
https://ttuhsc.zoom.us/webinar/register/5316306893465/WN_bMkagJuMRJmm0POQAhpF3w

QEP Presentation: Integrating Self-Care Strategies

Please join the TTUHSC Quality Enhancement Plan for a virtual presentation on Wednesday, October 20, by Dr. Logan Winkelman, PhD, LPC, NCC, entitled, "Integrating Self-Care Strategies Using the 8 Dimensions of Wellness." Session learning outcomes include:

- Define wellness and identify misconceptions regarding self-care
- Investigate the importance of self-care in mitigating the effects of stress, secondary trauma, and burnout
- Identify self-care strategies leveraging the eight dimensions of wellness

A recording of the presentation will be posted on the Live Well website after the event.

- Wednesday, October 20th | 12 - 1 pm | Zoom: <https://ttuhsc.zoom.us/j/99816228470>

Find Your Zone: Build Resilience, Restore Balance, & Refill Your Tank - Event 2

This series of Fall events provides TTUHSC students with specifically designed creative and leisure activities that facilitate a health-enhancing flow experiences and ultimately restore occupational balance once routinized over time. This second event, on October 20th, will focus on dot painting mandalas. All experience levels are welcome. Limited to the first 20 students. Please RSVP for this event by emailing Laurie.Stelter@ttuhsc.edu with your name and associated program and campus.

- Wednesday, October 20th | 4 - 6 pm | Virtual

Global Perspectives Film Series

Join the Office of Global Health for their monthly film series. This month's film is "The R Word". Filmmaker Amanda Lukoff grew up advocating for her sister Gabrielle, especially whenever she heard the word retard(ed). With The R-Word, she unravels the history and lasting effects of this word through the lens of the sibling experience, captivating animation sequences, and self-advocates speaking truth-to-power - ultimately making the case for why the conversation surrounding people with intellectual and developmental disabilities needs to change.

- Thursday, October 21st | 12 - 1 pm | Zoom:
https://ttuhsc.zoom.us/webinar/register/WN_zdwMab_TS1am9cfDxiF_pg

Buesseler Lecture Series

The Fall 2021 Buessler Lecture will be on October 21 in room NW112 at the Rawls College of Business. Speaker Dr. Kyle Miller is a graduate of Texas Tech Health Sciences Center and currently works at healthcare tech company Intuitive as the Director of Advanced Clinical Research. Please join us as Dr. Miller speaks on the future of surgery. Please RSVP at the following link: <https://bit.ly/3v2cAD6>.

- Thursday, October 21st | 11:30 am - 1:00 pm | TTU Rawls Business School Room NW112



Gender-Specific Medicine & Women's Health Symposium

The Laura W. Bush Institute for Women's Health is proud to announce that Dr. Deborah J. Clegg, VP for Research at the Paul L. Foster School of Medicine in El Paso will join other TTUHSC faculty for the 10th annual symposium on October 22nd. The topic will be, "What a Difference an "X" Makes: the Role of Sex Hormones and Sex Chromosomes in all Aspects of Life!"

This virtual event is free, but please register beforehand. To register please visit <https://tinyurl.com/lwbsymposium21>.

- Friday, October 22nd | 10 am - 2 pm | Virtual

Abilene Medication Cleanout

Prevent poisonings, misuse and abuse while protecting the environment. Abilene's Medication Cleanout will be on October 23rd. Safely and correctly dispose of unwanted medications (both prescription and over the counter - no clinic loads please).

Staff and Faculty from all areas are welcome to volunteer. This is an IPE activity. Sign up at www.medicationcleanout.com.

- Saturday, October 23rd | 10 am - 2 pm |

Connect with the Student Life Office

