See a doctor early if these signs are present in your loved one.

If you checked several of the statements on the flipside, it’s important to take your loved one to see a doctor as soon as you can. Your checked statements do not necessarily mean the person you care for has Alzheimer’s disease or a related dementia, but they may mean a visit to the doctor would be beneficial.

Ask your family physician or specialist to perform cognitive tests for dementia. An early diagnosis offers greater opportunity for better treatment of symptoms. When planning to take your loved one to the doctor, tear off this page and bring it with you to discuss.

USE THIS SECTION TO WRITE DOWN ANY QUESTIONS YOU HAVE FOR THE DOCTOR

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For more information contact us at:
Texas Tech University Health Sciences Center
6630 South Quaker, Suite E | Lubbock, Texas 79413
T: 806.743.7821 | www.ttuhsc.edu/aging

You can make a difference. Your financial support to the Garrison Institute on Aging will be used for program needs. Among these needs are research operating funds, technology and research equipment upgrades, and training and community outreach support. Any level of donation is gladly accepted. To donate or learn more about specific sponsoring opportunities, contact the Garrison Institute at the number above.

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Are you concerned a loved one may have dementia?

Did Marge’s story remind you of behaviors that you have seen in a loved one? One unusual or concerning behavior may be hard to recognize. Early signs will not appear daily. However, when it is put together like puzzle pieces with other incidents or signs, it can show a bigger picture of subtle cognitive changes.

Dementia, or the loss of intellectual functions such as thinking, remembering, or reasoning that interferes with daily life, is NOT a normal process of aging.

Marge, a former bookkeeper, never let her finances get out of control. Marge now finds simple math difficult and balancing her checkbook a challenge.

Marge thinks what she sees on TV is real. If there is bad weather or a story about war, she becomes childish and frightened.

Marge no longer recognizes familiar surroundings and sometimes wanders away from her home.

Marge is very agitated as evening draws near. She is restless and fearful of shadows.

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