Presentation by Stephanie McClure, MD
Mirick-Myers Endowed Chair of Geriatrics
Director: Alzheimer’s Academy, Center of Excellence in Geriatric Scholarship, Training, & Faculty Development, and TTUHSC GEC
How many patients should a primary care physician carry?

1. 100-400
2. 500-900
3. 1000-1500
Why geriatricians are important

- Texas has the 4th largest population of older adults
- PCPs are already at 2066 patients
  - Well above the recommended 1:1500
- Our state has continued to lag behind in number of PCPs compared to the nation
- Geriatricians are training non-geriatricians
How much do you know about health care for seniors?

True or False Game
Fewer than 10% of people aged 65 and older living in nursing homes.

1. True
2. False
DEMENTIA IS A NORMAL PART OF THE AGING PROCESS

1. True
2. False
Urinary Incontinence is more common in older women that in older men.

1. True
2. False
Most older persons have at least one chronic health condition.

1. True
2. False
The highest rate of falls occurs in the nursing home.

1. True
2. False
Our Faculty: Geriatrics Division

- We are fortunate to have the number that we do
- Several specialties are represented such as Oncology, Hematology, Pharmacy Practice, Endocrinology and Metabolism, Palliative Care, Public Health, Advanced Nursing, and Physical Therapy
- 7 Faculty Geriatricians/1 Adjunct Faculty Geriatrician/1 Geriatric Nurse Practitioner
- Strong fellowship program
The Fellowship Program

- Open to Internal Medicine and Family Medicine physicians
- Training is of one year duration
- Over 2000 hours of training
- Eight completers to date
Major activities and growth

- Over 5,000 families and individuals served
- Student activities in TTUHSC GEC program
- Several “spin-offs” supported by funding from national organizations (Alz Foundation Assoc & American Psychiatric Foundation)
  - *Helping Hands and GDS Study*
  - *MSAS*
    - Effects of Medical Students as Stewards on Stress and Depression Levels in Alzheimer’s dementia family caregivers
    - Students participate while on Geriatrics Rotation
Other Funding Sources

- David and Nona Payne Foundation $5K
- C.J. and Syble Fowlston Trust $24,5K
- Josephine Anderson Trust $10K
- Several “spin-offs” supported by funding from national organizations (Alzheimer’s Foundation Association $5K & American Psychiatric Foundation $10K)
  - *Helping Hands© and GDS Study*
  - *MSAS*
    - Effects of Medical Students as Stewards on Stress and Depression Levels in Alzheimer’s dementia family caregivers
    - Students participate while on Geriatrics Rotation
- Individual Donations total over $10K
Center of Excellence in Geriatric Scholarship, Training, and Faculty Development

COE

- Center of Excellence is a TTUHSC Designation
- Positions the Geriatrics Program to pursue and receive extramural funding
- Objectives focused on scholarship, training, and faculty development
- Obtaining a GEC program was a goal within the objectives
- Seed Grant funds
- Headquartered in Amarillo
  - Leadership is comprised of Amarillo (Director, Dr. McClure), Lubbock (Associate Director, Dr. Dentino), and Odessa (Associate Director, Dr. Le)
  - Betsy Jones, EdD of Lubbock – our Geriatrics Programs Evaluator
What this means for TTUHSC and our community

- Coveted federal award and designation
- Includes the Schools of Allied Health Sciences, Medicine, Nursing, and Pharmacy
- Target audience includes multidiscipline health care professionals and trainees
- Over $1M for 5 years (~$250K/year)
- Headquartered in Amarillo
  - Involve 4 campuses serving as platforms for the surrounding communities
- Target area: Panhandle and West Texas to just below Ector County
- Received almost $2M in funding
- We are 1 of approx. 30 medical schools of the nation’s 126+ medical schools which require geriatrics competency before graduation!
- Developed the innovative Geriatric Curriculum throughout all 4 years of the medical school, residency programs, faculty development and programming for community physicians
- Awarded in 2005 for 5 years- now in a no-cost extension year. Received additional funding appx 2 years ago to assist University of North Texas to develop a Reynolds curriculum
- Will re-apply for the next RFP
Other Programming Contributing to Fiscal Health of the Geriatric Division in Amarillo

- Contract with the State of Texas for Initial Medical Evaluations for Adult Protective Services
- Medical Directorship Contracts
  - Triumph Rehabilitation Hospital
  - IntegraCare Hospice
Don & Sybil Harrington and Mary E. Bivins
Endowed Chair in Geriatric Oncology
The Possibilities…..

- Research
- Improved delivery of care is an outcome of health services research
- From the bench to the beside
- Interdisciplinary research opportunities.

5 Candidates